



eat right. an affiliate of the American Dietetic Association

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Registered Dietitians (RD)

The School Nutrition Expert

Why Do We Need Dietitians in Schools?

To Interpret... nutrition legislation on foods available on campus.

To Provide... evidence-based and sequential teaching training throughout the grade levels for teachers, students, staff and the school community.

To Provide... overall comprehensive nutrition education and ensure nutrition education meets Health Education Standards.

To Oversee... menu planning and nutritional analysis of menus to assure nutritious and well-balanced meals for all students.

To Work... closely with other school health professionals such as school nurses to provide referrals and case management for nutrition related issues for children and their families.

To Collaborate...

To Write... School Wellness Policies.

To Implement...

To Communicate... with families the importance and impact of nutrition on overall health.

Consult an RD today to ensure a healthy school environment!

Visit <http://www.dietitian.org> to find a Nutrition Professional in your area.