



Registered Dietitian (RD)

eat right. an affiliate of the
American Dietetic Association

REGISTERED DIETITIANS PROVEN PROFESSIONAL EXPERTISE AND EXCELLENCE.

Registered Dietitians
are experts in the
science of food and
nutrition

CONSULT A
REGISTERED DIETITIAN
TODAY TO START
EATING BETTER
TO IMPROVE
YOUR HEALTH AND
WELL-BEING

Visit
www.dietitian.org
to find a Nutrition
Professional
in your area.

Registered Dietitians (RDs) are food and nutrition experts who have met the following criteria to earn the RD credential:

- Complete a minimum of a bachelor's degree at a U.S. regionally accredited university or college and course work approved by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association (ADA).
- Complete a CADE-accredited supervised practice program at a healthcare facility, community agency, or a foodservice corporation, or combined with undergraduate or graduate studies. Typically, a practice program will run six to twelve months in length.
- Pass a national examination administered by the Commission on Dietetic Registration (CDR).
- Complete continuing professional educational requirements to maintain registration.
- Registered Dietitian practice evidence-based MNT.

Some RDs hold additional certifications in specialized areas of practice, such as pediatric or renal nutrition, nutrition support, and diabetes education. These certifications are awarded through CDR, the credentialing agency for ADA, and/or other medical and nutrition organizations and are recognized within the profession, but are not required.

Empower California's health through food and nutrition leaders.