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How Can We Help You? President's Message

By Dorothy Chen Maynard, PhD, RD
President, CDA

"Volunteers do not necessarily have the time; they just have the heart." Elizabeth Andrew

We have a lot of busy hearts in our profession, and our CDA Board Members are glowing with love. Thank you for giving me an opportunity to serve you as the President of our prestigious organization with over 7,000 members (10% of ADA membership). As an active member of ADA since 1981, I have watched our organization and profession grow over the years, and I am proud of what we have accomplished. It does not mean that we can stop and watch, we need to continue to grow and be recognized as "nutrition experts," a title that other allied health personnel and the public will use to describe us. The competition for this title is fierce in California, and we need to continue to educate the public that we have the knowledge, skills, and expertise. We have our work cut out for us and the CDA Board will take on the task to get us there.

I want to introduce you to other CDA Board Members for 2009-10. Our President-elect, **Lorri Holzberg** (not new to CDA Board), will be chairing the planning committee of the program for 2010 CDA Annual Meeting on April 15 to 17 in Oakland. **Tina Kerrigan** was re-elected to serve an additional two-year term as Vice-President Member Council, working with the districts and professional interest representatives. **Susan Helm** was re-elected as Vice-President Education Council, who is in charge of our CDA Annual Meeting volunteers, lively New Member/Student reception, poster session, and dietetic education issues in the state. **Jasmine Jew** (a new mom for the second time) serves as our Vice-President Communications and continues to expand our website and technology. **E. Ann Lake** continues to serve as Treasurer/Secretary keeping track of our budget, investments, and meeting minutes. Representing the Foundation is **Debra Hook**, President of CDAF, who relentlessly creates new ways to raise funds for scholarships. We welcome new Board members: **Carol Sloan**, Chair of CDA Delegates, **Nancy Banda**, Vice President Public Policy, and Board student mentees, **Morgan Jasinski** (Cal State Univ., San Bernardino) and **Evan Fakhreddine** (Cal Poly Pomona). Our Association Administrator, **Bridget Harvey-Elliott**, actively participates on the Board as an ex-officio. What would we do without her at our meetings and events? Our faithful office staff members, **Pat Smith**, the Voice of CDA; and **Joseph Santos**, CDA Money Man, keep our organization running like a beating heart. We, as members, don't have to worry about anything because the functions in the office





CDAF Thank You

The CDAF Board would like to thank everyone who generously donated to our **Just \$5 Campaign**. Thanks to everyone's generosity during the awards brunch, we were able to raise **\$1230.00** for scholarships. It is this type of action that allows our dietetic community to continue to support our students and our future. By providing scholarships for students, CDAF provides funds for schooling, but more importantly we pay recognition to our great students. It is frequently the recognition that is life changing and motivating. Students and interns feel empowered to move forward in their journey to become a dietetics professional.

The CDAF Board would also like to thank everyone who donated a basket for our opportunity drawing as well as those who purchased tickets. The baskets were a success that does not belong solely to CDAF, but to everyone who in tough times pitched in and donated items and purchased tickets. We were able to raise more than **\$2800.00**.

Next year at the CDA annual meeting, CDAF will sponsor the **Friday Morning Fun Run**. We hope to sell cute t-shirts to not only raise funds for our students but raise awareness as well. Many of you have asked us to sell our aprons. Well ... we listened!!! Next year we will start selling special, handmade CDAF aprons.

All of us can make a difference in a student's life. Please join CDAF in our 2009 to 2010 fund raising efforts.

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CDAF Scholarships

By Debra Geary Hook, MPH, RD
President, CDAF

The CDAF is proud to announce the recipients of five scholarships for the 2009 Year. Winner of the Dolores Nyhus Graduate Fellowship Fund is Linda White, RD, CDE; the Jacqueline Saracino Scholarship's recipient is Lisa Calanni, MS; the Consultant Dietitians Scholarship is awarded to Kristin Weil; and the Kara Caldwell-Freeman Leadership Scholarship is given to Sarianne Huyett. Kristina Brask-Coughlin is the winner of the Carol Hayes Torio memorial Scholarship

Linda White, RD, CDC, recipient of the Dolores Nyhus Graduate Fellowship Fund award, currently is employed by UCSF Medical Center as a Senior Dietitian and is a student in the MPH program through Benedictine University. This award will, in part, enable Linda to be employed part-time while pursuing her graduate degree.

Lisa Calanni, MS, is a second time winner of a CDAF scholarship! She received her Bachelor's and Master's degrees from CSU, Northridge, and presently is an intern at the West Los Angeles VA Healthcare System. Her plans following the completion of the internship include working in a clinical setting and continuing her efforts in public policy.

Kristin Weil is a graduate of CSU, Chico and will begin the internship program at California Poly—San Luis Obispo in the

fall. She received the Consultants Dietitian Scholarship that specifies that the recipient must have demonstrated interest in the practice of gerontology and/or business. Kristin's long-term goals include work with long-term care facilities and private practice.

Sarianne Huyett winner of the Kara Caldwell-Freeman Leadership Scholarship is a graduate of San Francisco State University and will begin the internship program in the fall at the UCSF Medical Center. Sarianne, who has been working since the age of 14, aspires to educating low-income populations about proper nutrition to prevent and manage disease states through outpatient counseling.

Kristina Brask-Coughlin is headed to California Poly-Pomona this fall. She is a graduate of Cal Poly as well, and is the recipient of the Carol Hayes

Torio Memorial Undergraduate Scholarship. Kristina aspires to acquire a Master's degree, become a teacher, and, ultimately a professional speaker.

Recipients for three scholarships were not named this year due to lack of applicants. The Carol Hayes Torio Memorial Diet Technician and Corrine Williams scholarships are designed particularly for diet technician students. The American Indian/Alaska Native scholarship also received no applicants.



CDA Executive Board

CDA President Dorothy Chen-Maynard, PhD, RD	president@dietitian.org	CDA Foundation President Debra Hook, CNSD, RD, CHES, MPH	foundation@dietitian.org
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Public Policy Update

By Lorri Holzberg, MS, RD, CDE
VP, Public Policy

It is with great excitement that I write my final Public Policy Council article for this CDA Bulletin. I am totally honored at the opportunity to serve as CDA's President-elect for 2009-2010 and then President 2010-2011. This position will enable me to gain a very broad perspective of the organization, meet even more members, and coordinate the program for Annual Meeting. Because of my total commitment to Public Policy and because of the timeliness and importance of our work on professional practice and reimbursement, there will be a major focus on this area over the next few years. Nancy Banda, VP Public Policy for 2009-2012, will lead CDA's efforts in professional practice and public policy issues. Joyce Ezaki-Yamaguchi will serve as CDA's State Policy Representative. One final activity I plan to do is to have a special link on the home page of our website to the Public Policy Council and Public Policy issues. This is a good opportunity for me to recap the past year's public policy activities and discuss future activities.

Public Policy Workshop 2009 – webinar - February

257 people from CA registered. 93 people attended plenary parties in the following districts: all except DVDA (#9) – they combined with BADA. Difficulty making appointments in the district with the Congress members (true nation-wide); easier to make appointments in DC.

Public Policy Workshop 2010 – webinar – Plenary Session – March 21, 2010.

The plan is to have a virtual meeting, like this year, but to have one or two ADA advocates come for critical *hill* meetings during the year to meet with crucial Congress members. ADA is encouraging states to budget for this possibility of travel to Washington.

Public Policy Education Day 2009 – March 9th

200 participants; held in Capitol Plaza Halls. Nancy Banda as State Policy Rep presided over the meeting. Lorri Holzberg spoke about the Public Policy workshops. Juli Broyles of CA Advocates spoke about the mood in Sacramento and how to approach legislators. Legislator of the Year Award was presented to Senator Alex Padilla for his work on health, obesity and diabetes of Californians. Speakers Kathleen Billingsley and Patty Pasquarella from CA Dept of Public Health (Quality Control and Licensing and Certification); discussed CMS requirements for Clinical Privileging in hospitals

Individual Prerequisites for Clinical Privileging

- Person specific and facility specific
- Regular testing of competencies
- Activities are within state practice law
- Approval by medical staff
- Presence of an outside entity to oversee professional practice
- Individual credentialing
- Activity specific privileges for the individual
- Overall Requirements for Clinical Privileging
- Approval by governing body

Message to the legislators: Introduce ourselves as the evidence-based practitioners of nutrition. Discuss possibility of legislation to expand RD practice in CA and to include a licensing board

Message from legislators: If it were self-supporting, they would support our legislation and licensure board.

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President's Message (continued from page 1)

and organization are completed due to our small but mighty staff and volunteers with limited time but generous hearts. Speaking of volunteers, I want to thank **Kara Freeman**, Immediate Past President, for her enormous heart and leadership.

We all wear many hats and try to maintain a balance in our professional and personal lives. However, we still need to strive to produce the next generation of outstanding dietetic professionals and our future leaders. Even with limited time and resources, I encourage all of us to volunteer and take on

a student or intern and tuck them under our wings and mentor them. One day, they will become a beautiful phoenix that can soar proudly to represent us as *nutrition experts*.

Visit our website, www.dietitian.org, and look for ways to get involved. If every member encourages a colleague and friend to become an ADA member, we can be the #1 affiliate. I look forward to working with all of you; and if there is anything I can do for you, please do not hesitate to contact me at dchen@csusb.edu. Thank you for giving me the opportunity to serve you.

New Flyers



at
dietitian.org

Click
For Our Members
and
RD Promotional Materials



CDAF Thank You (continued from pg 2)

No donation is too small or large. We will start off the year with a small fundraising effort during Fall Leadership meeting. Stop by our table and get your **red ribbon** for only \$2.00 to show your support for our students. Help us to **Grow our Future.**

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Nutrition Literacy

By Education Council

A new list of frequently used words in Dietetics is defined below. If you would like to submit new words/definitions, by all means, send them to Susan Helm, VP Education Council at susan.helm@pepperdine.edu.

- **Visceral Adipose Tissue (VAT):** A type of adipose tissue, also called intra-abdominal fat that is deposited between the internal organs in the upper torso of the body.
- **Subcutaneous Adipose Tissue (SCAT):** A type of adipose tissue that makes up the majority of the body's fat reserve and is found directly beneath the skin. Although SCAT is found all over the body, it is most predominant in the thighs, hips, and buttocks.
- **Community-Supported Agriculture (CSAs):** Participants in the *Buy Fresh Buy Local* campaigns tend to be consumers interested in supporting local agriculture, farmers markets, and selected schools, retailers, and restaurants. To accomplish their goal of supporting local food producers and manufacturers, a growing number of communities across the nation support farm-to-table distribution systems called CSAs. Member-supporters of CSAs often pay a fixed weekly or monthly

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An Amazing Year Past President's Message

By Kara Freeman, DrPH, RD
CDA Past President

This amazing, productive, CDA year has ended and another year has begun. I was honored to serve as CDA President during a year of challenges and expectations from the members and profession. We began the year with an outstanding leadership meeting, where the attendees were dared to increase volunteerism in the profession. We had a terrific Annual Meeting in Riverside.

Dorothy-Chen Maynard and her committee produced a well-rounded program that met the expectations of attendees. More CDA members were recognized this year than in previous years, a tribute to the commitment and contributions of California dietitians.

The CDA Executive Board continued their visits to the districts, represented CDA, interacted with District members and answered questions. Many members participated in the first ever American Dietetic Association virtual Public Policy Workshop, and over 100 members attended the CDA Public Policy Education Day in Sacramento. The topic of interest, Clinical Privileging, was addressed by the Department of Public Health, Licensing and Certification Program. This topic was timely since the Profession Practice Task Force of the Public Policy Council had been meeting with the Department since August to discuss dietetics practice in California. CDA was also a presence at the FDA Hearing for the Reauthorization of the Child Nutrition Act, at the Governor's Conference for Health Care Reform, and at a luncheon honoring Senator Alex Padilla sponsored by the California Center for Public Health Advocacy.

I would like to acknowledge the contributions of the 2008-09 Executive Board. This year would not have been as successful with the contributions of each of these individuals.

Ann Lake was our Secretary/Treasurer who managed to take complete minutes as well as monitor our fiscal affairs.

Lorri Holzberg, Vice President Public Policy, did an outstanding job keeping not only the Executive Board but also the membership aware of legislative concerns. Under her leadership, the activities and visibility of

dietitians in our legislative efforts have increased. **Tina Kerrigan** has kept Member Council on track, increasing communication

between members and the Executive Board by appointing additional Professional Interest Representatives. MC has continued to recognize the achievement of our members by utilizing the Member Spotlight in the Bulletin.

Jasmine Jew has continued to show her communication skills as Vice President Communication Council. Communication Council has overseen the incorporation of the new ADA logo onto the Website, reviewed links for accuracy, and improved our ability to conduct on-line voting.

Susan Helm, Vice President Education Council had the major responsibility for the New Member/Student Reception at the CDA Annual Meeting. She was ably assisted by Presidential Mentee, **Jeanette Hand** and Board Mentee, **Rose Martin**.

The student mentees have proven to be a considerable asset to the Board.

Barbara Grant, Chair of Delegates, has been wonderful at keeping both the Board and the leading the Delegates in making sure the membership knew what was happening at ADA. Bylaw changes and the revision of the ADA/CDR Code of Ethics were two of the many topics covered this year. **Debra Hook**, President, CDAF, had a year full of decisions and discussions that kept her thinking about the future of our Foundation. A concentrated effort is being planned for next year to ensure the continued success of CDAF.

As always, I need to acknowledge our super CDA support staff, without whom we would not function nearly as well. **Bridget Harvey-Elliott**, Association Administrator, **Pat Smith**, Executive Assistant, and **Joseph Santos**, Bookkeeper, continue to make the Executive Board look good as we fulfill our duties.

I wish **Dorothy** and her Executive Board the best of luck next year and hope they have as much fun as I had in 2008-09.



*We had a terrific
Annual Meeting
in Riverside.*

2009 Virtual Meeting

By Carol Sloan
House of Delegates

For its 81st meeting, the House of Delegates conducted a historic first virtual meeting on May 2-3, 2009. The HOD discussed the following issues: 1) Prevention of Childhood Obesity; and, 2) the HOD Leadership Proposal-Incorporating an Inclusive Practice Perspective in the House of Delegates. Reports on the current activities of the Association, the financial status of the ADA, current initiatives of the ADA Foundation and the status of the DPG/PID Family Structure Project were provided on April 22 and 24, 2009. To access these reports, please use the following link: http://drop.io/ada_updates_to_hod.



What are the Outcomes of the Spring 2009 HOD Meeting?

- **Prevention of Childhood Obesity:** The HOD approved the formation of a practice coalition to determine an integrated action plan for RDs/DTRs, ADA and ADA organizational units based on the extensive input provided during the dialogue session. The Speaker (Ethan Bergman) will solicit the names of potential members to serve on the Practice Coalition from HOD, DPGs, MIGs and affiliates. In consultation with the HOD Leadership Team, the Speaker will appoint the members to serve on the Childhood Obesity Prevention Coalition. A charge for the Coalition will be developed by the Speaker and shared with the House of Delegates. Watch for an upcoming Speaker Message in mid June requesting the names of members to serve on the Coalition.
- **HOD Leadership Proposal-Incorporating an Inclusive Practice Perspective in the House of Delegates:** Delegates approved transitioning from the Professional Issues Delegates to DPG delegates to be the voice of practice in the HOD. The Speaker will notify the 2009-2010 chairs of the DPGs regarding the approval of the DPG delegates. A webinar will be conducted by the HOD Leadership Team for DPG leaders in July or August 2009. The webinar will provide an overview of the role of the House of Delegates, its functions and the transition plan for the seating of DPG delegates as of June 1, 2010. A series of policies, procedures and job descriptions will be provided to DPG leaders to assist in the implementation of DPG delegates. The Nominating Committee will be notified of the action and the implementation plan.

What are the Results of the ADA Bylaws Amendments Presented in Spring 2009?

- **ADA Bylaws Amendment-Tenure of the HOD Directors:** The HOD approved changing the tenure of the HOD Directors from 2 years to 3 years. The ADA Bylaws will be updated to reflect the amendment approved. The Nominating Committee will be notified of the action taken and the next steps for implementing the amendment as of June 1, 2010.
- **ADA Bylaws Amendment-Tenure for CDR Newly Credentialed Practitioner:** The HOD approved changing the tenure of the CDR newly credentialed practitioner from 1 year to 2 years. The ADA Bylaws will be updated to reflect the amendment approved. CDR will be notified of the action taken and will implement the change as of June 1, 2010.

What is the Outcome of the Vote on the Updated ADA/CDR Code of Ethics for the Profession of Dietetics?

The 2009 Code has been approved by the House of Delegates, the ADA Board of Directors and the Commission on Dietetic Registration. The Code will be published in the August 2009 *Journal of the American Dietetic Association*. CDR will notify all credentialed practitioners of the new Code in a late summer mailing. ADA and CDR's Websites will contain the new Code, which will be in effect as of January 1, 2010. A variety of new educational materials will be provided to ADA members and CDR credentialed practitioners during 2009-2010 in order to increase their understanding and utilization of the new Code.

When is the Next HOD Meeting?

The next meeting of the House of Delegates is scheduled for Friday, October 16 and Saturday, October 17 in Denver, CO. The dialogue topics for this HOD Meeting are: 1) Healthcare reform, future role of the RD and medical home; 2) Application of evidenced-based practice to all areas of dietetics.

Delegate Contact Information

Carol Berg Sloan RD. is the delegate the Los Angeles and Orange County Districts and is on the Executive Board as chair of delegates for the California Dietetic Association and can be contacted at cbergsloan@ix.netcom.com or 562-221-9869.

2009-2010 Delegate Council



Carol Berg Sloan, RD



Debra Hook, CNSD, RD, CHES, MPH



Helenka Livingston, CDE, MS, RD



Wendy Mueller-Cunningham, EIT, PhD, RD



Natasha Uhlik-Sleiss, RD

A Student's Perspective

By Rony Saiyan Chung
Student Rep
Southern California

Time flies! I can't believe it has been three months since the CDA Annual Meeting in Riverside. The two-and-a-half day meeting at the Riverside Convention Center was wonderful. The exhibits, educational sessions, as well as the student reception filled up my days with lots of fun.

At the New Member/ Student reception, we all had the privilege to meet different dietetic internship directors as well as other fellow dietetic students, not to mention the exciting opportunity drawings and giveaways.

If someone asked me to use two words to describe the Annual Meeting, it would be informative and educational. The wide-ranging topics of the educational sessions covered all aspects of the dietetic profession. Students may not be interested in all of them, but we definitely found our own interests.

In my opinion, attending the Annual Meeting is one of the best ways to network. Everyone you meet at the meeting is either an RD, a DTR, or a dietetic student. Talking to different professionals in the field is very crucial and valuable to dietetic students. We can learn more about different fields of dietetics and build up our

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Nutrition Care Process

How the DTR Fits in

by Helenka Livingston, MS, RD
House of Delegates

The goal of developing the **Nutrition Care Process** (NCP) was to establish a system that would standardize the profession of dietetics revolving around patient care. The process was designed to give a systemic problem solving methodology that would specifically target the *nutritional problem*. The system is based on practice that physicians and insurance companies already utilized. Thus, both should be familiar with the documentation of an imminent patient's problem, in the form of a diagnosis based on signs and symptoms. In dealing with the patient's nutritional care, now the RD and DTR relays information discovered through developing the nutritional assessment that culminates in a nutrition diagnosis. To communicate the connection between the data and diagnosis the NCP model uses the **PESS** or diagnostic statement by depicting the *problem* related to the *etiology* evidenced by the *signs & symptoms*.

The next step is to assign individualized interventions followed up with monitoring and then an evaluation of the effectiveness or outcome of the intervention. Although the DTR is able to assist in each step, the RD is ultimately responsible for the NCP.

Just as implementing the NCP is new to most RDs, working through the logistics of a team approach utilizing the DTR is also new and open to innovation and flexibility. ADA has formulated a Framework for the Scope of Practice for both the RD and the DTR (http://www.eatright.org/ada/files/SM30_SOP_Final.pdf). These can assist in developing a customized approach to implementing the NCP in each facility specific to its particular needs. Another twist on how we approach this team effort is that State laws also address scope of practice for a profession. States vary in the way they describe their own scope of practice for RDs and DTRs. This means, we in California can study what is being done in other states; however, we need to individualize what our nutrition care team does to abide by our own state laws, codes and regulations. In

California, Business & Professions Code 2585-2586.8 (www.leginfo.ca.gov) specifies activities that the DTR can engage in to assist the RD. Interestingly though, the State B & P Code depicts the development of the *plan* of nutritional care in the domain of the RD and on the national level it appears that the *diagnosing* area of the NCP delineates the RD scope most decisively from the DTR. As the practice of dietetics evolves, the need to update the laws regulating practice will coincide. It appears revisions to our current State law will be imminent due to CMS regulations regarding clinical privileging for the RD. This will be a good opportunity to review and revise other activities described in our State B & P Code to better align the RD/DTR team approach to the NCP with the national models.

To clearly define the role of the DTR in assisting the RD protocols will need to be developed and monitoring systems put in place.

Professional supervision will require concise communication coupled with trust that the DTR will contact the RD at any time when a question/concern over patient care arises. Most especially communication must be apparent when a patient falls out of routine protocols. The DTR and RD may consider having established times to connect and review patients during the day. As defined by our B & P code this does not necessarily mean a face to face meeting – other methods

of communication are acceptable (telephonic or electronic). Record keeping and quality management systems need to be instituted to document appropriate supervision has occurred. A clinical manger or RD can follow up with quarterly monitoring of charts to confirm that the DTR practices in compliance with the facilities protocols.

Many facilities have initiated the move toward using the NCP gradually by choosing to work through the process on one or two patients each day. Other facilities begin by selecting one section of the NCP such as assigning the nutrition diagnosis only and



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Public Policy Update (continued from page 3)

Public Policy Education Day 2010 will be held March 8, 2010 in Sacramento at Capitol Plaza Halls

Professional Practice Task Force

- A. Monthly meetings from September 2008 - February 2009 with CA Department of Public Health Licensing and Credentialing to discuss Clinical Privileging in California.
- B. Conclusions of all discussions to prevent citations in CA for clinical privileging according to CMS regulations.
 1. CDA needs to revamp its practice law (B&P 2585 & 2586) to include activities that will be practiced by RDs.
 2. Not all RDs will get clinical privileging – it will be individually regulated by each facility through certifications and competencies of each individual RD who wants more advanced practice.
 3. There needs to be an outside oversight agency to oversee professional practice.
- C. Current Activities
 1. Legal analysis of B&P Code.
 2. Set up meetings with CA Hospital Assn., CA Medical Assn. and CA Nurses Assn. to discuss CDA's plan for legislation to change B&P Code and licensure.
 3. Work with potential opponents to discuss how this won't affect their practices.

Reimbursement Activities

Two very valuable workshops were presented at the CDA Annual Meeting: one on reimbursement and one on how to become Medicare providers. **One strong point: all RDs should obtain their NPI (National Provider Identification) # to become Medicare providers; if the # is not used for a submission for one year, it needs to be renewed; if RDs do not become providers then other practitioners will be allowed to do MNT under Medicare.** Although they were very valuable, the topics need to be presented again with the marketing language reframed to draw more people. Many Annual Meeting attendees are unaware of how reimbursement issues change regularly and they must keep updated on a regular basis. More information on reimbursement issues will be posted regularly on the CDA website.

President Obama's Regional Forum for Health Care Reform – April 6, 2009

Main forum in Los Angeles with satellite feeds into San Diego, Clovis and Oakland. CDA invited by Governor Schwarzenegger's office. Attended by Kara Freeman, CDA President, at the San Diego location.

Current Legislation

AB 1478 (Ammiano) - Summary: Existing law requires a health care practitioner, as specified, to obtain prior verbal and written consent of a patient or the patient's legal representative, as specified, prior to delivery of health care via telemedicine. This bill would require that a physician and surgeon obtain a patient's written acknowledgment confirming the receipt of information, as specified, regarding treatment through medical nutrition therapy prior to delivering nonemergency treatment for diabetes or heart disease. The bill does not specify RDs providing MNT. Opponents so far are the CA Medical Association. The bill has been tabled until next year and the bill author wants to speak to CDA late summer or fall 2009.

Liaisons to Other Organizations

- CDA sent two representatives (Kara Freeman and Lorri Holzberg) to the California Coalition for Public Health Advocacy luncheon in Berkeley honoring Senator Alex Padilla and Alyce Waters.
- CDA has been asked to liaison with the POLST (Physician Orders for Life-Sustaining Treatment) Task Force, which is a part of California Coalition for Compassionate Care and meets quarterly in Sacramento. The CDA Board approved of CDA's participation. Sam Ousey of H.M. Composite offered to be the liaison, which was also approved by the CDA Board. The first meeting was held Friday, May 29, 2009.
- CDA has also been invited to partner with WIC on some of its advocacy issues. Lynne Lyons, the Preventive Health and Disease Management Rep, was appointed as this liaison. CDA will support issues that are in line with CDA/ADA's mission and vision statements.
- Another organization that has invited CDA to participate as a liaison is the Strategic Alliance that sponsors the Prevention Institute. CDA plans to send a representative to their Obesity Conference in Los Angeles in June.

A Student's Perspective

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network as well.

The Annual Meeting is the biggest event of CDA every year. From my personal experiences at both the Annual Meetings in 2008 and 2009, I highly recommend you all plan to attend the Annual Meeting 2010. Money may be an issue for many, so I urge you to take full advantage of the student discount and early-bird price for registration. The next Annual Meeting will be held at Oakland on April 15-17, 2010.

I am looking forward to attending the Annual Meeting again. I hope to see many of you there!

Nutrition Literacy

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amount in return for a predetermined amount of locally-grown produce that varies depending upon the season.

- **Healthy People 2010:** The U.S. Department of Health and Human Services has developed **Healthy People 2010** as an outline of health objectives for the nation to achieve by the year 2010. This document was designed to achieve two goals: 1) increase quality and years of healthy life, and 2) eliminate health disparities among different segments of the population.

Call for Nominations

Who best exemplifies those in our profession? Who are our outstanding students? Awards time is here again and we need you to help spotlight your peers. Nominations for the following awards are currently being accepted. For an application and more information visit the website at www.dietitian.org or contact Pat Smith in the CDA office at patsmith@dietitian.org or call 310.822.0177.

ADA AWARDS GIVEN TO MEMBERS OF CDA

- Recognized Young Dietitian of the Year (4)
- Recognized Young Diet Technician of the Year
- Emerging Dietetic Leader Award
- Outstanding Dietetic Student
- Outstanding Dietetic Educator

CDA AWARDS GIVEN TO MEMBERS OF ADA/CDA

- Dolores Nyhus Memorial Award For Outstanding Achievement
- Distinguished Service Award
- Crystal Award

CDA PRACTICE AWARDS

1. These awards can only be given to the same person one time in any one practice category.
2. "Active Participation" in a dietetic practice group or a local district or state dietetic association implies service to that group as a committee member, office or evidenced action beyond general participation as a member.

Member in the Spotlight

Jodi Newson, MS, RD, CSO

By Member Council

*I always consider it an honor to be a part of the patients' journeys.
~Jodi Newson, Director of Nutrition Services*



Area of Practice/Specialty: Oncology Nutrition

What are your responsibilities and what do you like best?

I work in the outpatient setting, servicing patients receiving chemotherapy, radiation therapy, pre/post surgery, as well as weight loss and prevention of recurrence after treatment. What I like best is the ability to empower cancer patients to take control of at least one area of their treatment. Nutrition is often the only thing a patient has control over – in oncology, everything moves so quickly and things just *happen* to patients – it is truly a way for patients to actively participate in their own care and treatment. I also have the privilege of providing *wellness* nutrition for my co-workers, including weekly health and fitness tips, weight loss *challenges*, etc.

Please share an unusual day or any challenges you have had.

Making the transition from patient to patient can be challenging. I may be celebrating a clean scan with one patient, and the very next person I see may have just received devastating news about his/her prognosis. I always consider it an honor to be a part of the patients' journeys. Although the majority of my patients recover and go on to lead healthy lives, it is never easy when a patient dies.

What changes do you predict in your area of dietetic practice in the next 10 years?

I am hopeful that with the CDR specialty certification of CSO, along with the new administration, nutrition will become a more reimbursable service. All patients should have the RIGHT of nutrition services. Also, nutrition education is a great way to help defer health costs for preventable diseases.

What advice or words of wisdom do you have for dietetic students or new dietitians?

Always keep in mind what brought you to dietetics. That initial passion is important to help you learn and grow, and it also will help you through the toughest of professional situations.

How has CDA membership helped your career professionally and personally?

CDA provides great resources, continuing education opportunities, and support. It is a great way to get more involved in shaping the future of our profession.

Calendar

❖2009❖

August 28

Fall Leadership meeting:
Ontario Doubletree

August 29

EB Meeting: Ontario Doubletree

September 11

Fall Bulletin Deadline
(mailout and web)

October 6-7

School Wellness Conference
Anaheim (CDA Exhibiting)

October 17-20

FNCE in Denver

October 26

CDA Awards Packets Due!!!

December 12

EB Conference Call Meeting

December 14

Winter Bulletin Deadline
(web only)

❖2010❖

January 23

EB Meeting (CDA Office)

January 30

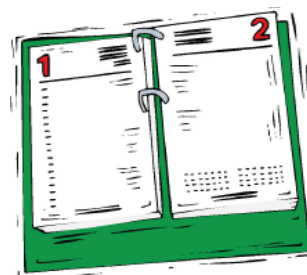
Member Council Winter Meeting

February 15

Spring Bulletin Deadline
(mailout and web)

March 8

PPED: Sacramento



March 10

Registered Dietitian Day!

March 14-16

Asilomar (Dietetic Educators)

March 21

ADA-PPW Plenary Session

April 14

EB Meeting at Annual Meeting

April 15-17

CDA Annual Meeting:
Oakland

Member in the Spotlight

Sam Ousey, RD

By Member Council



I also get a big kick out watching the transformation of a client when they really get the nutritional counseling I have provided.

~ Sam Ousey, RD, VP Operations, HM Composite

Area of Practice/Specialty: Consultant Dietitian
Long Term Care Consultant, Instructor, and Preceptor for San Jose State University

What are your responsibilities and what do you like best?

I oversee approximately 85 RDs throughout the State of CA. My job is to ensure they are following P&P regarding reporting to the facility Administration, and compliance to Regulation. I work with corporations to improve the dietary outcomes.

What I like best about my job is developing the interns and RDs from SJSU and HMC. In LTC it is very challenging to manage clinical services and complete management tasks within the time restraints contracted. I also get a big kick out of watching the transformation of a client when they really get the nutritional counseling I have provided.

Please share an unusual day or any challenges you have had.

Dealing with people who just don't understand the importance of just getting the job done without taking it personally is my biggest challenge. Another challenge I have is that there are not enough hours in a work day to take care of all the tasks and people who need my attention.

What changes do you predict in your area of dietetic practice in the next 10 years?

I believe there will be expansion in the hours required by a RD. The regulations are getting tougher and tougher. The role of the RD will need to expand in time spent in a facility to be a cohesive part of the team.

Education Council News and Updates

Every year at CDA Annual Meeting the Education Council hosts the new member/student reception. This year, Jobs in Dietetics generously supported the reception. Many members donated textbooks, cookbooks, colorful WIC-stuffed bags, and other fun items for a giveaway during the event. Some time was spent mixing with our esteemed Directors of DI, DTR and DPD programs, although it has been duly noted from our student survey that more time is important for networking among both directors and peers; therefore, extra time will be set aside next year. Finally, bravo to our 54 outstanding student volunteers for being professional and presiding at so many events during AM!

Current HOD discussions are focused upon Health Disparities and Nutritional Genomics and Informatics. Both topics will be covered in upcoming CDA Bulletins. If members have specific questions, please email, susan.helm@pepperdine.edu. In addition to ADA hot topics, Education Council has drafted a Returning Students Pathway information sheet that will become available during 2009-2010 on our Website.

Education Council has gained a fabulous new member, Dr. Carol Jong, RD, an adjunct instructor at CSU Sacramento. If you are interested in becoming a member of the council, currently we are seeking to fill two positions, representatives from a DI and also from a Community College. Come join for education!

Nutrition Care Process (continued from page 6)

documenting it as a diagnostic statement as sampled in the NCP model. The same has been asked of the DTR to take just one or two cases each day and work through the various steps to assist the RD.

So in summary to answer the question, what is the role of the DTR in the NCP? The answer is that the DTR works within their scope of practice to assist in any step of the NCP, under the direction and clinical supervision of the registered dietitian in accordance with both state and federal guidance. Resources are available at: http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/home_13838_ENU_HTML.htm

Changing to this new system may be cumbersome but should eventually benefit the profession of both the RD and DTR as a whole.

Save
the Date!

8/28/09
Fall
Leadership
Meeting

Ontario
Doubletree

CDA District
Officers
&
Council
Members

More Info to Follow

Call for
Nominations
(continued from page 8)

CDA PRACTICE AWARDS

- Carol Hayes Torio
Excellence in Management
- Excellence in Clinical Dietetics
- Excellence in Community Nutrition
- Excellence in Private Practice, Business or Communications
- Excellence in Education
- Excellence in Research
- Excellence in Technical Practice

CDA AWARDS GIVEN TO A NON-ADA/ CDA INDIVIDUAL OR COMPANY

Meritorious
Service Award
Friends of CDA

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