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## Annual Business Meeting

**Date:** April 15, 2010

**Time:** 8:00 am

**Location:** Oakland City Center

**Presiding:** Dorothy Chen Maynard  
CDA President

## CDA Leaders & You President's Message

By Dorothy Chen Maynard, PhD, RD  
President, CDA



The Fall Leadership Meeting (FLM) on August 28, 2009, was a great team building day for the CDA leaders. About 100 leaders from Districts, CDA committees and councils attended the one-day program that included ADA's Immediate Past President, **Marty Yadrick**, who presented an empowering talk, **Keeping the Leadership Cycle Going: Recruit, Retain, Empower, Inspire**.

The CDA President-Elect, **Lorri Holzberg**, also previewed the 2009 CDA Annual Meeting Program that she and her Program Committee are planning for April 15 to 17, 2010 in Oakland. The three-track sessions include updates in practice for all areas of dietetic professionals. Check the CDA website ([www.dietitian.org](http://www.dietitian.org)) for annual meeting information. We hope all of you will join us in this important educational, networking, and fun annual event.

**Nancy Banda**, VP of Public Policy Council, presented updates on state and national public policy issues including activities of the Professional Practice Task Force, which is charged to clarify the scope of practice and professional practice issues in California.

The VP of Communication Council, **Jasmine Jew**, and her committee are working on better ways to keep our members in touch. Do you know that CDA is on Facebook? Become a fan and browse through the pictures on our page.

The afternoon sessions of FLM were devoted to allowing individual councils and district leaders to meet and plan for the year. We want to thank all the leaders who attended the FLM for taking the time out of their busy schedules to be in Ontario.

Have you visited the CDA website recently for news and information? Click the **New to You** link to find out the latest activities, news, and information. You can download and print RD promotional materials using the **RD Promotional Materials** link. The **Professional Practice** menu contains information related to public policy issues, clinical privileging, reimbursement, etc. Students/interns enrolled in an accredited dietetic program may volunteer at the CDA Annual Meeting for free student registration. For more information, click the **For Our Students** menu. There are many opportunities for everyone to get involved, and we appreciate any contributions you can provide. Here are some things that you can do: participate in your district's activities, become a contributing/sustaining member of CDA, encourage your colleagues to become ADA members, just to name a few.

Thank you for your continued support of the CDA. If there is anything I can do for you, please do not hesitate to contact me.



# CDAF Update

By Debra Geary Hook, CNSD, RD, CHES, MPH  
President, CDAF



## Attention Students: Scholarship Money Available

Each year the CDA Foundation offers several scholarships to students, interns and practicing professionals. For the criteria of the scholarships listed below, go to the CDA website ([www.dietitian.org](http://www.dietitian.org)) and click the Foundation icon. Or contact the Central Office ([patsmith@dietitian.org](mailto:patsmith@dietitian.org)) or 310.822.0177. Applications will be posted on the website in December!

- Delores Nyhus Graduate Fellowship Fund
- Carol Hayes Torio Memorial Undergraduate
- Carol Hayes Torio Memorial Dietetic Technician
- Native American
- Jacqueline Saracino
- Consultant Dietitians (CDC) Scholarship
- Kara Caldwell-Freeman Leadership Scholarship
- Corinne Williams Scholarship

The California Dietetic Association Foundation CDAF is the philanthropic arm of the California Dietetic Association. Our mission is to recognize great students and help fund their education as well as award community nutrition grants. By doing this, we promote our profession and the health of all Californians.

CDAF has a great year planned with new events and thank you gifts.

**New Scholarship:** This year we are highlighting the new **Corrine Williams** scholarship. The first priority goes to students who are studying to become dietetic technicians. Diet technicians provide important services to our profession and this scholarship supports their education. If you are studying to become a DTR please apply for this scholarship and be the FIRST to earn this award. If you know a diet technician student, please encourage them to apply! The Foundation would like to encourage all students to apply for various scholarships. It is an easy process and winning a scholarship looks great on a resume. For



qualifications on all scholarships and important dates, please go to the CDA website, [www.dietitian.org](http://www.dietitian.org), and then to the CDAF page.

**Aprons:** Show your support to CDAF and CDAF's mission of *Growing Our Future*. If you go to <http://www.dietitian.org/home.htm>, you can see CDAF's new aprons. With a donation of \$25.00 we will provide you with an apron as a thank you gift. You may order up to 5 aprons. The aprons are embroidered with the CDAF logo and have a large pocket with either oranges or lemons.

**Fun Run at CDA's Annual Meeting:** This year CDAF is sponsoring the annual Fun Run. We will have swag bags, t-shirts and loads of fun for everyone. The theme is *Running for Our Future*. There will be people walking and running, so everyone is invited to participate.

I hope to see all of you at the annual meeting in Oakland. Remember to bring your running/walking shoes and show your support for our students.

Don't re-invent the wheel.

**New Flyers**  
now available at [dietitian.org](http://dietitian.org)!

Click For Our Members and RD Promotional Materials.

## CDA Executive Board

CDA President Dorothy Chen-Maynard, PhD, RD	<a href="mailto:president@dietitian.org">president@dietitian.org</a>	CDA Foundation President Debra Hook, CNSD, RD, CHES, MPH	<a href="mailto:foundation@dietitian.org">foundation@dietitian.org</a>
President-Elect Lorri Holzberg, MA, RD, CDE	<a href="mailto:pres_elect@dietitian.org">pres_elect@dietitian.org</a>	Presidential Mentee Morgan D Jasinski (CSU San Bernardino)	<a href="mailto:mbtjrt@aol.com">mbtjrt@aol.com</a>
Secretary/Treasurer Ann Lake, MS, RD, CNSD	<a href="mailto:sec_treas@dietitian.org">sec_treas@dietitian.org</a>	Executive Board Mentee Evan Fakhreddine (Cal Poly Pomona)	<a href="mailto:efakhreddine@gmail.com">efakhreddine@gmail.com</a>
VP, Communications Council Jasmine Jew, RD	<a href="mailto:communication@dietitian.org">communication@dietitian.org</a>	CDA Contact Information California Dietetic Association 7740 Manchester Ave, Suite 102 Playa del Rey, CA 90293-8499 310.822.0177 <a href="mailto:PatSmith@dietitian.org">PatSmith@dietitian.org</a> <a href="http://www.dietitian.org">http://www.dietitian.org</a>	
Chair, Delegates Carol Berg Sloan, RD	<a href="mailto:delegate@dietitian.org">delegate@dietitian.org</a>	CDA Administrator Bridget Harvey-Elliott, MS, RD	<a href="mailto:bridget@dietitian.org">bridget@dietitian.org</a>
VP, Member Council Tina Kerrigan, MS, RD	<a href="mailto:membercouncil@dietitian.org">membercouncil@dietitian.org</a>	CDA Newsletter Editor Ani Baltayan, MS, RD	<a href="mailto:ani@dietitian.org">ani@dietitian.org</a>
VP, Education Council Susan Helm, PhD, RD	<a href="mailto:educationcouncil@dietitian.org">educationcouncil@dietitian.org</a>		
VP, Public Policy Nancy Banda, RD	<a href="mailto:publicpolicy@dietitian.org">publicpolicy@dietitian.org</a>		

# HOD Meeting

by Debra Geary Hook, CNSD, RD, CHES, MPH  
Delegate, IDDA & San Diego

The Fall HOD meeting will take place October 16-17, 2009. The two topics for the Fall Meeting dialogue sessions are healthcare reform and Application of evidenced-based practice to all areas of dietetics. This is my first year as a delegate, and I look forward to seeing the HOD and representing our membership. These are exciting times for healthcare with importance issues for all Americans, not just dietetic professionals.

Both healthcare reform and evidenced-based practice (EBP) will have a major impact on dietetics and are major issues of strategic importance to both RDs and DTRs. They address key strategic questions we must answer, choices we must make and the challenges that we will need to be overcome in order to move our profession forward into the future. ADA will be discussing how members are involved

in and preparing for healthcare reform. Do you feel that you are being kept aware of the issues regarding healthcare reform and the dietetics profession?

The need to practice based on scientific evidence is critical and needs to be addressed in order for us to influence policy makers so that they support the inclusion of RDs and DTRs in any healthcare reform. There are many reasons and forces that are pushing healthcare in the direction to use evidenced-based practices. EBP will lead to standardize practice so that outcomes data can be collected and analyzed to continue to improve the quality and effectiveness of dietetics practice. For inclusion into any healthcare reform and justification of reimbursement of services, we must show that we can effectively reduce healthcare costs, improve the quality of life, and diminish preventable disease.

## Congratulations!

Congratulations to CDA member **Suzanna M. Nye, MS, RD, FADA!** At FNCE in Denver Suzanna was presented with the award for Excellence in Community Dietetics. She was one of 19 individuals selected by the Honors Committee and Board of Directors to receive top Association awards and honors. Suzanna is a past CDA President and currently serving on the Commission on Dietetic Registration.

Congratulations to CDA President-Elect **Lorri Holzberg, MA, RD, CDE** for winning the ADA Journal Cover Photo Contest! Lorri's photo was prominently displayed at the ADA Journal booth at FNCE in Denver. The photo will grace the cover of an ADA journal in the first half of 2010. Watch for it!



### Penny's Low Fat Desserts are Delicious!

Try our Cookies, Muffins, and Muffin TOPS.

10% off thru 12/31/09  
Coupon Code: CDAJM

- All Natural (no artificial sweeteners)
- Low Fat, Healthy and Really Great Tasting
- No Sugar Added Flavors
- Low Cal, High Fiber
- Good Source of Whole Grains
- Individually Wrapped Portable Snack
- Diet Plan Friendly, Nutritionally Accurate

"For goodness sake, this (no sugar added) cookie is so incredibly moist, chocolate-y and huge; with only 100 calories, it could change dieters' lives! ...Congratulations to your food scientists for creating such a sensational product." E.W., Food Reviewer

## Our Best Wishes to Joseph Santos

After 19 years and 4 months as the CDA Book-keeper, Joseph Santos has retired. His last day was September 30, 2009. We thanked Joseph for his many years of service and offered him our best wishes and congratulations as he begins a new chapter in his life.

## CDA Candidates

Candidates for Office  
2010 - 2011

**President-Elect**  
Nicole Quartuccio

**Secretary / Treasurer**  
Ann Lake  
Catherine Carmichael

**Vice President**  
Communications  
Council  
Diane Wade

**Delegate Area 3  
(Central Valley,  
Coastal Tri-Counties)**  
Carrie Der Garabedian  
Lisa Nicholson

**Nominating Committee**  
Ann Aguilar  
Rhonwyn Curtis Nicholson  
Kathy Jackson-Moore  
Ann O'Donnell

## Job Hunting?

Visit the CDA Website ([www.dietitian.org](http://www.dietitian.org)) and check out all the new jobs available for you! Check back often because new jobs are added every week! Simply click on the Classified Icon from the website home page and you are there! Happy Hunting!

## Did You Move Recently?

If so, notify ADA of the change! The CDA member database is downloaded from ADA. We want to make sure that we have current contact information for you so that you will receive your email newsletters and mailings. Access your profile from [www.eatright.org](http://www.eatright.org) or call 800.877.1600 to register your changes.

## 2010 AM Hotel Reservations

When making your Annual Meeting (April 15-17, 2010) hotel reservations at the Oakland City Center Marriott, use the CDA group code to lock in the CDA rate. The code is: cdacdaa. Reservations can be made by phone (510.451.4000) or online at: <http://www.marriott.com/hotels/travel/oakdkt?>

# Member in the Spotlight

## Orville E. Bigelow, MS, RD

By Member Council



### What is your area of practice, i.e. specialty area?

My specialty is nutrition education. In my job at Project Angel Food our clients face many diseases and conditions that I need to address while counseling them. I also help in the menu planning of special diets and outreach (to assist other organizations who don't have a dietitian on staff). So as you can see I need to have skills in many areas. I would say that I am a jack-of-all-trades!

### What do you like best about what you do professionally? Please share some of your responsibilities.

I do several things that I enjoy. My day job is Manager of Nutrition Services for Project Angel Food ([www.angelfood.org](http://www.angelfood.org)). I love this job because we help to nourish people facing life-threatening conditions and really help make a difference in their lives. It is very rewarding. As Manager of Nutrition Services I oversee a small staff of dietitians and interns. My department is responsible for counseling clients who are on service with us; overseeing kitchen inspections to ensure the food we serve is safe; implementing worksite wellness efforts; educating our staff and clients on nutrition topics; and ensuring that our meals satisfy special dietary needs. I also teach in-person and online classes for California State University, Los Angeles and Mohave Community College in Arizona. Helping students understand the basic concepts of nutrition is very rewarding and helping them when they have questions regarding school, internships and job prospects is equally satisfying!

### Please share your most unusual day or any challenges you have had on the job?

The challenge that sticks out the most is when I have to give presentations and something occurs that prevents me from giving the presentation I had originally planned. I can't tell you how many times there has been something wrong with the audio visual equipment, or the time I was allotted was changed, etc. You must be ready for anything when giving presentations. Always expect the unexpected!

### What changes do you predict in your area of dietetic practice in the next 10 years?

With how quickly things change, trying to predict what dietetics will be like in 10 years is almost impossible! I will say that in the next few years the Internet and social networking will play a major role in many areas of our field. To be competitive, a person will need to adapt to these changes easily.

### What advice or words of wisdom do you have for dietetic students or new dietitians?

- **Adapt easily.** Be open to learn new skills. Adjust to new situations and new surroundings with ease and don't hold on to the old if it is no longer useful.
- **Learn to listen.** If you listen to what people have to say then you can address their issue/problem more effectively. Don't go into a situation thinking that you know what is best. Wait to hear a person out first, and then address the issue/problem. This applies to almost every situation but especially counseling clients!
- **And most importantly network!** Connecting with other dietitians, diet techs, doctors, etc... will help you build a network of resources that will benefit you career in so many ways! By yourself you are limited; with friends/contacts your possibilities are endless!

### How has CDA membership helped your career professionally and personally?

Being a member of CDA has helped me tremendously. Not only do the benefits come in handy (CPEs, job board, resources, etc.), but by being a member I have been able to network with others in my field which has helped me tremendously! As I have previously stated, networking is truly the key to success. Networking with other members has not only helped me, but has helped others I know as well. I can't tell you the number of times that a student or an intern has asked me to help them find a place to volunteer; a site for an internship rotation, a job, or someone to talk to from a particular field, etc. Without being connected to other CDA members, I wouldn't have had the connections to make that happen!

# Member in the Spotlight

## Art Kress, MS, RD, LDN

By Member Council



**What is your background? What brought you to dietetics?** About ten years ago, I retired as an engineering manager. My goal was to do something totally different and help others in the process. So I returned to school for a master's degree in nutrition. After completing an internship at the VA, I began my career there as an outpatient dietitian, which led to a job as coordinator of a grant project to develop a diabetes prevention program for American Indian/Alaska Native veterans. It gave me the opportunity to create a series of four DVDs designed to train-the-trainers in diabetes prevention and a chance to direct the effort out of the VA's studio in St. Louis. Subsequently, I developed an 8-hour assertiveness training course for the VA and taught it to a group of dietetic interns. My current job at the Motion Picture & TV Fund followed as did my election as Co-President Elect of LAD. My greatest desire now is to effectively promote RDs as the TRUE nutrition professionals.

**What is your area of practice, i.e. specialty area?** I currently provide nutrition support at five outpatient clinics associated with the Motion picture & TV Fund (MPTF). My specialty is diabetes along with the associated conditions of obesity, hyperlipidemia, hypertension, and cardiovascular disease.

**What do you like best about what you do professionally? Please share some of your responsibilities.** Mostly, I enjoy working with patients to resolve their health issues. My responsibility at MPTF is to interview, assess and treat patients and document the process. Group training would be ideal here, since many of the clinics I support have a waiting list. Unfortunately, MPTF can't adjust their billing process to cover this, so that list continues to grow.

**Please share your most unusual day or any challenges you have had on the job?** I can't point to an unusual day, but my greatest challenge is working with patients that have problems beyond my expertise, i.e. G-tube issues, fibromyalgia, kidney disease, Crohn's disease, pregnancy.

**What changes do you predict in your area of dietetic practice in the next 10 years?** The most significant change, I believe, is a revolution in how nutrition care will be provided. As nutrigenomics becomes increasingly predictive, I suspect that one day, we'll each have a unique genetic prescription to define what nutrition and lifestyle support is required for optimum health. Coupled with this will be a rapid increase in longevity and a great improvement in the quality of life.

**What advice or words of wisdom do you have for dietetic students or new dietitians?** Aside from the basic idea of liking what you do, the most significant thing is to be assertive. If you want to be treated as a professional, act and dress professionally, and actively work to make change happen, especially when it comes to the public perception of RDs.

**How has CDA membership helped your career professionally and personally?** My primary interaction with CDA has been through the Los Angeles District Association. It provided me with a wonderful opportunity to meet new people, make friends, do some networking, and begin the process of doing what I can to strengthen the profession.

**What are your interests? Other organizations?** I basically see myself as a Renaissance guy with many interests. Over the years, I have worked in professional theatre, as a published photographer, and as a registered hypnotherapist. I was a Big Brother for 12 years, matched with a little sister shortly after her sixth birthday. I created and taught numerous courses on subjects such as proposal estimating, metrics, process flow charting, and budgeting and developed computer programs to help facilitate my various jobs, including the current one. I also served as technical consultant to an international magazine and a volunteer with a suicide prevention center. I love reading, theatre, film, opera, and concerts. Other than CDA/LAD, I am a member of the American Dietetic Association, the American Association of Diabetic Educators and the American Academy of Television Arts & Sciences (now where did that come from?). A dream I still hold is to produce a play on Broadway. So maybe next year...

## Did You Know?

Did you know...

- In February 1941: CDA membership totaled 189 and today the CDA is 6535 members strong!
- May 11-16, 1958: Proclaimed 'California Dietetics Week' by then Governor Goodwin Jess Knight (CA Governor from October, 1953-January, 1959)

- The Dietitian's Oath? (Printed in the [Bulletin](#) in February, 1965)

I do solemnly affirm that as a member of the American Dietetic Association, I shall, to the best of my ability, so conduct myself as to reflect credit upon the profession of which I am a member.

To this End, I shall adhere to the principles of honor, integrity, spirit of service, and devotion to duty on which the American Dietetic Association was founded and shall uphold the common good which is symbolized in its Seal.

I shall do all in my power to maintain high standards of competence and department.

I pledge myself as a dietitian, to support the healing arts with the physician and nurse, and strive toward the improvement of human nutrition in whatever capacity I may serve.

Thanks to Pat Smith in the Central Office for gathering these (and many, many more) historical facts!



## Calendar of Events

**December 12, 2009**

EB Conference Call Meeting

**December 14, 2009**

Winter Bulletin Deadline (web only)

**January 23, 2010**

EB Meeting (CDA Office)

**January 30, 2010**

Member Council Winter Meeting

**February 15, 2010**

Spring Bulletin Deadline (mailout and web)

**March 8, 2010**

PPED: Sacramento

**March 10, 2010**

Registered Dietitian Day!

**March 14-16, 2010**

Asilomar (Dietetic Educators)

**March 21, 2010**

ADA-PPW Plenary Session

**April 14, 2010**

EB Meeting at Annual Meeting

**April 15-17, 2010**

CDA Annual Meeting: Oakland

# NutriLiteracy

## Terms to add to Your Daily Vocabulary

By Education Council

Malnutrition has a solution: nutrition. Two enterprising companies and individuals are making the news for their nutrition developments focused upon the malnourished individual.

**Plumpy 'nut'**: This is a high protein and high-energy peanut-based paste in a foil wrapper. It tastes slightly sweeter than peanut butter. It is categorized by the WHO as a Ready-to-Use Therapeutic Food (RUTF). Plumpy'nut requires no water preparation or refrigeration, making it easy to deploy in difficult conditions to treat severe acute malnutrition. However it must be used under medical supervision and the nutritional status of the children has to be clearly identified by a doctor or a nutritionist. It has a two-year shelf life when unopened. The product was inspired by the popular Nutella spread. It is manufactured by Nutraset, a French company based in Normandy Rouen, fully dedicated to humanitarian relief, specialized in products to treat malnutrition, used by humanitarian stakeholders (international organizations and non-governmental organizations basically) for distribution. The ingredients are: peanut paste, vegetable oil, powdered milk, powdered sugar, vitamins, and minerals, combined in a foil pouch. Each 92g pack provides 500 kcal or 2.1 MJ. Plumpy' nut contains vitamins A, B-complex, C, D, E, and K, and minerals calcium, phosphorus, potassium, magnesium, zinc, copper, iron, iodine, sodium, and selenium. (Source: Wikipedia)

**VitaMeal™**: VitaMeal™ is a nutritional supplement created by Pharmanex, a Nutritional supplement division of Nu Skin Enterprises, together with Dr. Ken Brown of University of California, Davis, an expert in child malnutrition. Each VitaMeal™ contains the macronutrients and fiber, essential fatty acids, and 25 vitamins and meals. It is intended to be used by any culture to provide nutritious meals. VitaMeal™ has been used through the Nourish The Children™ Initiative by Nu Skin Enterprises to feed hungry children in Africa, China, Southeast Asia, South America; to feed the victims of hurricanes on our Gulf Coast; and for those suffering from hunger after the tsunami in Southeast Asia. (Source: Nu Skin website)

*\*Inclusion on this page does not imply endorsement by the California Dietetic Association or its Foundation.*

## POLST

By Sam Ousey, RD

Consultant, Professional Interest Rep, Member Council

The Physician Orders for Life Sustaining Treatment (POLST) is a physician order that complements an advanced directive by converting an individual's wishes regarding life – sustaining treatment and resuscitation into a physician order. POLST was designed to be the portable Physician order for end-of-life decisions to be carried across treatment settings. Residents and their families communicate their wishes about a full range of life sustaining and resuscitative measures with POLST.

The POLST form:

- Is a standardized form, usually pink, and should be the first page of the medical record
- If there are Advanced Directives, they should be attached to the POLST form
- Can be revised or revoked by an individual with decision making capacity at any time
- Is legally sufficient and recognized as a physician order
- Is recognized across treatment settings
- Can be an alternative to "Do Not Resuscitate"
- Health care providers (meaning a person who has been trained in the purpose and use of POLST) should be assigned to implement POLST with patients and families.

POLST is particularly useful for persons who are frail and elderly or who have a compromised medical condition, a diagnosis of one year or less for end of life, or a terminal illness. Completion of a POLST form needs to reflect the process of health care decision-making in consultation with the physician, about treatment preferences regarding the patient medical condition. POLST may replace the "Preferred Intensity of Care."

You can download the form to become familiar with the format and treatment options by going to <http://www.finalchoices.org>, California Coalition of Compassionate Care's web site. The California Coalition of Compassionate Care has a task force for the purpose of implementing and discussing POLST across medical settings. There are many Medical associations involved in the review and implementation of POLST. CDA has been involved with the task force and has made contributions to the understanding of end-of-life in respect to nutrition and hydration.

# CDA Statement of Income & Expenses 2008-2009

	Budget(\$)	Actual (\$)
<b>Income</b>		
Annual Meeting	235,050	205,011
ADA rebates	212,500	223,381
Sustaining/supporting contributors	18,000	17,897
Donations	18,100	19,854
Interest	5,000	0
Product Sales	9,000	14,310
Advertisements	9,385	9,385
Others	5,350	8,203
<b>Total Income</b>	<b>512,385</b>	<b>498,041</b>
<b>Expenses</b>		
Member Programs	320,115	302,614
Members Services/Policy Admin.	100,496	86,708
Administrative Expenses (rent, telephone, supplies, insurance, computers, etc)	90,465	102,015
<b>Total Expenses</b>	<b>511,076</b>	<b>491,337</b>
<b>Excess of Income (Loss) Over Expenses:</b>	<b>1,309</b>	<b>6,704</b>



## NADA Celebrates NNM

Nutrition Fuels Fitness 5K/10K and Kids Fun Run! For NADA, this is the 7<sup>th</sup> Annual event that raises funds to help fight childhood obesity. All proceeds go to community programs that encourage children to be active and scholarships for children to participate in group activities. NADA donates the funds to the CDA Foundation for distribution as grants, to those organizations that meet the criteria for grant awards. There are usually three to four \$3000 grants available each year. Visit the CDAF webpage on the CDA website ([www.dietitian.org](http://www.dietitian.org)) for more information about the grant money available.

For more information about this NADA event, visit: [www.NutritionFuelsFitness.org](http://www.NutritionFuelsFitness.org)

**amazon.com**

The holidays are here! Order your Amazon.com items and gifts from the CDA home page and CDA gets paid! CDA receives a fee from Amazon based on the amount that you spend! Tell your friends and family to access the Amazon website from the CDA website.

Thanks in advance for your support!

**facebook**

CDA is now on Facebook!

If you're not on Facebook yet, it's easy to join. Log on and become our fan. News and views are posted regularly!



**National Nutrition Month® 2010**  
American Dietetic Association

What are you doing for NNM? Send us photos and write-ups for the CDA Website and Facebook. Forward your info to [bridget@dietitian.org](mailto:bridget@dietitian.org).

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# 2010 Annual Meeting

By Lorri Holzberg, MA, RD, CDE  
President, CDAF

It is with great enthusiasm that I encourage you all to attend CDA's 2010 Annual Meeting in Oakland, CA, April 15 -17, 2010. For those of you in Northern California, this is your opportunity to show off all of the wonders of the San Francisco Bay Area; and for those of you in Southern California, this is your opportunity to experience the wonders of the San Francisco Bay Area.

I have had an amazing committee working with me to develop a very diverse program which will include the newest technology for diabetes care; ADA media relations training; green food service technology; the newest FDA guidelines; farmers' markets at hospitals; roundtables covering resume writing, grant writing, nutrition care process using electronic medical records; pre/probiotics; dietary guidelines 2010; mindful eating and many, many more topics applicable to the modern RD in California.

We also have several excellent plenary speakers including Jesse Pavlinac, ADA President, and James Joseph discussing "Cognitive Function: Aging & Nutrition." Please sign up early for the special early bird rate and make Oakland your destination April 15-17, 2010.

Thanks to my committee: Bettye Nowlin, Carol Sloan, Carrie der Garabedian, Debra Hook, Dorothy Chen-Maynard, Emily Smart, Kara Freeman, Linda Fong-Elbaggari, Linda Sweeney, Lynne Lyons, Nancy Banda, Rachel Roberts, Sam Ousey, Susan Helm, Tina Kerrigan and Turusew Wilson. Of course, none of this would be possible without the dedicated help of Bridget Elliott and Pat Smith.

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Playa del Rey, CA 90293  
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