

TIME	CPE	CALIFORNIA ACADEMY OF NUTRITION AND DIETETICS ANNUAL CONFERENCE & EXPO THURSDAY APRIL 21, 2016	
7:00A - 6:00P		Registration & Hospitality/Speaker Lounge/Volunteer Check in	
		Breakfast ON YOUR OWN	
7:30A - 8:00A		<i>California Academy of Nutrition and Dietetics BUSINESS MEETING</i> – CAND President and Committee Vice Presidents	
8:00A - 9:00A	1.0	<i>Academy of Nutrition and Dietetics Update</i> – Dr. Evelyn F. Crayton, RDN, LDN, FAND, President Academy of Nutrition and Dietetics	Professional / Public Health / Business Mgmt
9:15A - 10:15A	1.0	<i>Ethics Requirements for Recertification</i> - Doris Derelian, PhD, JD, RD, FADA	Professional Skills
10:30A		Tour the Convention Center Kitchen - Limited to 20 participants – Ticket Required	
10:30A - 11:30A	1.0	<i>Essential Skills for Successful Leaders</i> - Karen B. Caplan	SPONSOR: FRIEDA'S SPECIALTY PRODUCE Business & Management
12:00A - 1:00P		LUNCH and CAND/AND Award Ceremony - All participants welcome	SPONSOR: CANADIAN LENTILS
1:15P - 2:15P	1.0	<i>The National Food Transparency Project – Who are Consumers and What do They Want to Know?</i> Charlie Arnot	Communication / Public Health SPONSOR: CENTER FOR FOOD INTEGRITY
		<i>**PROTEIN RESEARCH, Part I** Four Legs, Two Legs, No Legs: What Does Science Tell Us About the Most Sustainable Sources of Animal Protein</i> - Alison Van Eenennaam, PhD	Sustainability
		<i>Pre-Diabetes: Effective Strategies For Reversal.</i> Esther Schuster, MS, RD, CDE	Public Health / Clinical
2:30P - 3:30P	1.0	<i>Dietary Interventions to Improve Lipoprotein Profiles and Increase Neural Lutein Concentrations: Relationships To Cognitive Function.</i> - Elizabeth Johnson, PhD	Public Health SPONSOR: HASS AVOCADO BOARD
		<i>What Changes In Health Care Delivery And Payment Mean For The RDN In Any Work Setting</i> Lisa Gibson, MS, RDN, FAND and Michelle Kuppich, RD	Practice Issues / Reimbursement
		<i>Nutrition Management of Inflammatory Bowel Disease</i> - Kelly Issokson, MS, RD, CNSC	Clinical Nutrition
3:30P - 4:00P		COFFEE BREAK	SPONSOR: BENECOL
4:00P - 5:30P	1.5	<i>Water Consumption and Proper Hydration Influences on Body Function and Metabolism</i> Lawrence Armstrong, PhD, FACSM - Jodi Stookey, PhD	Public Health / Clinical SPONSOR: DRINKING WATER RESEARCH FOUNDATION (INTERNATIONAL BOTTLE WATER ASSOCIATION)
		<i>Wasted: How Food Waste Contributes to Global Warming and What Nutrition Professionals Can Do About It</i> Erin Fitzgerald Sexson	Sustainability / Foodservice Mgmt SPONSOR: NATIONAL DAIRY COUNCIL/INNOVATION CENTER FOR US DAIRY
		<i>Ketogenic, Paleolithic or High Carbohydrate Diet: What is an Athlete to Eat?</i> - Marlia Braun, PhD, RD	Sports Nutrition
		<i>**ROUNDTABLE ON HOW TO WIN FOLLOWERS AND INFLUENCE PEOPLE: SOCIAL MEDIA 101 (Limited to 25 people Ticket Required)</i> - Caroline Kaufman, MS, RDN and Nani Glass, RDN	Social Media
		<i>**ROUNDTABLE ON REGULATORY COMPLIANCE FOR LONG TERM CARE, GENERAL ACCUTE HOSPITALS” (Limited to 50 people Ticket Required)</i> Kerry Kelly MA, RD, Terri Blackwell-Goetz MPH, RD, Shola Ayodele MS, RD	Regulatory Consulting SPONSOR: CA DEPT. OF PUBLIC HEALTH
6:00P – 8:00P		PRODUCT MARKETPLACE / EXHIBITS / OPENING NIGHT RECEPTION	
8:30P - 9:30P		CAND FOUNDATION EVENT	

		CALIFORNIA ACADEMY OF NUTRITION AND DIETETICS ANNUAL CONFERENCE & EXPO FRIDAY APRIL 22, 2016 - CAND ANNUAL CONFERENCE & EXPO	
7:00A – 6:00P		Registration & Hospitality/Speaker Lounge/Volunteer Check in	
7:00A - 8:00A	1.0	Total Body Workout: Bec McDorman	Wellness/Public Health
7:30		Yoga For Healthy Digestion – Bring A Towel For This Yoga Workout Session - Margaux Permutt, MPH, E-RYT500	
7:50-8:15A	0	LIGHT BREAKFAST	SPONSOR: SIGGI'S
		INTRODUCTION TO SIGGI'S	SPONSOR: SIGGI'S
8:30A -10:00A	1.5	**PROTEIN RESEARCH, Part II** Optimal Protein Intake: Research-Based Dietary Recommendations for Athlete and Active Aging Nancy Rodriguez, PhD, RD, CSSD, FACSM	SPONSOR: CA BEEF COUNCIL
			Public Health / Clinical Nutrition
10:00A – 2:00P	5	PRODUCT MARKETPLACE / EXHIBITS / POSTER SESSIONS (authors present 12:30-2:00) / CAND Foundation Baskets and Drawings!	
10 am – 12p		Public Policy Council Meeting	
10:30A		KITCHEN TOUR - Ticket required.	
12:30-1:30P		Dietitians in Healthcare Communities (DHCC) Meet & Greet	
2:15-3:15P	1.0	"Be Well" Weight Management And Exercise Program For High Risk Older Adults Bonita E Hart, RDN	SPONSOR: FOOD & NUTRITION MANAGEMENT
			Consultants
2:15-3:45P	1.5	Behind the Headlines: A Closer Look at the Impact of the Drought on California Crops Alissa Kendall, PhD - Danielle Veenstra - Jenny Heap, MS, RDN	SPONSOR: ALMOND BOARD OF CA
		PROTEIN RESEARCH, Part III Protein & Health: What Should We Be Telling Our Patients Based on Research and Dietary Guidelines? - Christopher Gardner, PhD	Public Health / Clinical Nutrition
3:15 – 4:00P		COFFEE BREAK	SPONSOR: ALDI
4:00 – 5:00P	1.0	Understanding The Controversy Of Implications Of The 2015 Dietary Guidelines Scientific Advisory Committee Report Roger Clemens, DrPH, CFS, CNS, FACN, FIFT, FIAFST	2015 Dietary Guidelines
		Making Sense of the RDN Scope of Practice in California Pat Booth, MS, RD, FADA	Public Policy / Scope of Practice
		Speaker Panel #1 Moderator: Wanda Siu-Chan, VP Education Council Finding Your Niche: Out-of-the-Box Opportunities for Dietetics Professionals Beckette Williams, MS, RD - Lara Felton, MBA, RDN - Diane Machcinski, MEd, RD	Special Session for Students, Interns & New Members All attendees welcome
5:15 - 6:15P	1.0	Speaker Panel #2 Moderator: Wanda Siu-Chan, VP Education Council Connect! Expanding Your Network for Future Success Annette Besnlian, EdD, MPH, RDN, CLE, FAND - McKenzie Hall, RD – Bryana Piazza Gonzales, MS, RD	
		Communicating with Confidence: How to Share Your Expertise With the Media Vandana Sheth, RDN, CDE	Communication / Media
		Hunger & Food Insecurity: It's Not Just About the Food - Robert Egger	Food Security/ Public Health
		5 Minute Diet Education - Alice Waterbury Fagundes, MS, RDN, FAND	Clinical Nutrition
6:30 - 7:30P		STUDENT / NEW MEMBER RECEPTION	SPONSOR: MARILYN MAGARAM CENTER - CSUN
6:30-7:30P		SPECIAL EVENT	
7:30 - 10:00P		APPRECIATION RECEPTION – INVITATION ONLY EVENT	

TIME	CPE	CALIFORNIA ACADEMY OF NUTRITION AND DIETETICS ANNUAL CONFERENCE & EXPO SATURDAY APRIL 23, 2016		
7:00A - 2:00P		Registration & Hospitality/Speaker Lounge/Volunteer Check in		
7:30A		LIGHT BREAKFAST	SPONSOR: DAISY BRAND	
8:00A – 9:00A	1.0	<i>Carbohydrates, Performance & Weight loss: Is Low the Way to Go or the Way to Bonk?</i> Glenn Gaesser, PhD	SPONSOR: THE WHEAT FOODS COUNCIL	Sports Nutrition
		<i>Building Better Health in California: How the Environment Affects Our Nutrition and Impacts Our Health</i> Avtar Nijjer-Sidhu, PhD, RD	SPONSOR CAND CENTRAL VALLEY DISTRICT	Environmental Nutrition
9:15A – 10:15A	1.0	<i>Current Issues: Fats In Vogue, Wheat Woes, uh-oh GMOs</i> James Painter, PhD, RD	SPONSOR: SUN-MAID GROWERS OF CA	Nutrition / Public Health
10:30A – 11:30A	1.0	<i>Culinary Inspiration and Strategies for Easy, Appealing Plant-Based Meals</i> Sharon Palmer, RDN	SPONSOR: TBD	Culinary Nutrition
		<i>Baby Food for Men? Foods to Promote Male Fertility</i> Wendie Robbins, RN, PhD, FAAN, FAAOHN	SPONSOR: CALIFORNIA WALNUT COMMISSION	Public Health
		<i>Diabetes, Food and Culture: Clinical Nutrition and Culinary Perspectives</i> Christine Craig, MS, RD, CDE		Clinical Nutrition / Cultural Foods
11:45A – 12:45P	1.0	<i>Counseling on the Fly with M.I.</i> Dawn Clifford, PhD, RD - Laura Curtis, MS, RD	SPONSOR: CAND NORTHERN AREA DISTRICT	Motivational Interviewing
		<i>Leadership and Negotiation: Essential Ingredients for Career Success</i> Tracy Petrillo, EdD, RD		Career Development
		ROUND TABLE: TV Dos and Don'ts: How to Face the Camera and Be the Face of Nutrition Expertise (Limited to 25 RDs/DTRs only) Tatum Wan		Professional Communications
12:45P - 1:15P		BUFFET LUNCH	SPONSOR: TBD	
1:15P – 2:45P	1.5	<i>Snack on This! Trends, Research and Tips to Optimize Nutrition between Meals</i> Lori Hoolihan, PhD, RDN and Maureen Bligh, MA, RD	SPONSOR: DAIRY COUNCIL OF CA	Nutrition / Public Health
2:45P – 3:00P		CLOSING REMARKS Kathy Sucher, RD, ScD, CAND President – Amy Myrdal Miller, CAND President Elect		

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CLICK ON THE ANNUAL CONFERENCE BUTTON TO **Register Online!**

OR type in link http://dietitian.org/annual_meeting16registration.html

Or fill out the form on following page, scan and email or “snail mail” Early Bird Deadline 4/1/16