



California Academy of Nutrition and Dietetics
2016 Annual Conference
April 21-23, 2016
Riverside Convention Center | Riverside CA

TODAY'S FOOD & NUTRITION CONVERSATION



NEW THIS YEAR: Register Online Today! www.dietitian.org

WHERE, WHEN, HOW and OTHER HELPFUL INFORMATION

SESSIONS/EXHIBITS

HELD AT



**RIVERSIDE CONVENTION
CENTER**
3637 Fifth St
Riverside, CA 92501

PARKING \$8.00/DAY
Street parking available
Additional parking
See Map Below

DATE & TIMES

Registration Opens 7am

Each day in the Lobby

CPE=24 TOTAL

Thursday 4/21/16

7:45am-5:30pm

Exhibits 6pm-8pm

CPE=6.5

Friday 4/22/16

7-10am & 2:15pm-6:15pm

Exhibits 10:00am-2:00pm

Student New Member

Reception 6:00-7:30pm

CPE=7 + 3 Poster/2 Exhibits

Saturday 4/23/16

7:30am-3pm

No Exhibits

CPE=5.5

TRANSPORTATION

Airline Travel:

Ontario, CA International Airport
(20 miles to hotel)

Super Shuttle 800/700-1983

Approximately \$45.00 or

*Use Taxi Service available at
airport*

Drive Time:

Palm Springs 45 minutes

Los Angeles 60 minutes

San Diego 90 minutes

ACCOMMODATIONS

Marriott Riverside at the

Convention Center

3400 Market St.

Riverside, CA 92501

800/228-9290

951/784-8000

Online Registration link

found at

www.dietitian.org

\$121.00 per night plus

applicable taxes,

single/double

\$10.00 per Night Parking



**CONVENTION CENTER
AND ADDITIONAL PARKING**

NAME BADGES

Badges must be worn at all conference functions

Lost or forgotten badges will be
replaced at a fee of \$5.00



#CANDAC16

WEATHER

Average daily temperature in April is between

70-75 degrees

A light coat or raincoat in case of showers is advisable.

MEETING ROOMS ARE OFTEN COOL

BRING A JACKET OR SWEATER

**BRING YOUR BUSINESS CARDS FOR ADDITIONAL
EXHIBITOR INFORMATION & POSSIBLE PRIZE DRAWINGS**

DISCLAIMER

The relationship between CAND and the sponsoring organizations of this event or event-related items do not represent exclusive agreements between CAND and the organization, nor do they suggest that CAND endorses the programs, products or services of the organization

EVENTS AND HIGHLIGHTS

Thank Silver Sponsor **a2 Milk** for our convention bags

THURSDAY Noon-1:00PM

Awards Lunch & Ceremony

Gold Sponsor Canadian Lentils

3:30 Coffee Break **Bronze Sponsor Benecol**

6:00-8:00PM **Opening Night Reception:**
Healthy Dining, CANDF Baskets and Exhibits

FRIDAY 7:00-8:00AM

Yoga for Health and

Aerobics: Total Body Workout 1 CPE each

7:30am Light Breakfast

Silver Sponsor siggi's Dairy

Protein Research - Nancy Rodriguez

8:30-10:00 **Silver Sponsor CA Beef Council**

Drought on CA Crops

2:15-3:45 **Silver Sponsor Almond Board of CA**

Coffee Break **Bronze Sponsor ALDI**

3:15 Of Interest to Student Out of the Box Opportunities

4:00-6:00 **Student / New Member Reception**

6:00PM **Special Event to be announced**

6:30PM Appreciation Reception by invitation only

7:30PM **Sponsored by CAND Executive Board**

SATURDAY

7:30 AM Light Breakfast **Silver Sponsor Daisy Brand**

9:15-10:15 Jim Painter – Current Issues

Bronze Sponsor Sun Maid Growers

12:45PM Light Lunch **Co-Sponsor Pear Bureau Northwest**



CALIFORNIA ACADEMY OF NUTRITION & DIETETICS FOUNDATION

Thursday 8:30pm
TAMALE MAKING!
TAMALE FACTORY

Main Street (two blocks from convention ctr)

COST: \$40.00 Per Person -
Limited to 75 attendees

CALIFORNIA ACADEMY OF NUTRITION & DIETETICS FOUNDATION

Basket Silent Auction

Join us in the exhibit hall and try to win one of many baskets filled with all kinds of good stuff!

TIME	CPE	CALIFORNIA ACADEMY OF NUTRITION AND DIETETICS ANNUAL CONFERENCE & EXPO THURSDAY APRIL 21, 2016	
7:00A - 6:00P		Registration & Hospitality/Speaker Lounge/Volunteer Check in	
		Breakfast ON YOUR OWN	
7:30A - 8:00A		<i>California Academy of Nutrition and Dietetics BUSINESS MEETING</i> – CAND President and Committee Vice Presidents	
8:00A - 9:00A	1.0	<i>Academy of Nutrition and Dietetics Update</i> – Dr. Evelyn F. Crayton, RDN, LDN, FAND, President Academy of Nutrition and Dietetics	Professional / Public Health / Business Mgmt
9:15A - 10:15A	1.0	<i>Ethics Requirements for Recertification</i> - Doris Derelian, PhD, JD, RD, FADA	Professional Skills
10:30A		Tour the Convention Center Kitchen - Limited to 20 participants – Ticket Required	
10:30A - 11:30A	1.0	<i>Essential Skills for Successful Leaders</i> - Karen B. Caplan	SPONSOR: FRIEDA'S SPECIALTY PRODUCE Business & Management
12:00A - 1:00P		LUNCH and CAND/AND Award Ceremony - All participants welcome	SPONSOR: CANADIAN LENTILS
1:15P - 2:15P	1.0	<i>The National Food Transparency Project – Who are Consumers and What do They Want to Know?</i> Charlie Arnot	Communication / Public Health SPONSOR: CENTER FOR FOOD INTEGRITY
		<i>**PROTEIN RESEARCH, Part I** Four Legs, Two Legs, No Legs: What Does Science Tell Us About the Most Sustainable Sources of Animal Protein</i> - Alison Van Eenennaam, PhD	Sustainability
		<i>Pre-Diabetes: Effective Strategies For Reversal.</i> Esther Schuster, MS, RD, CDE	Public Health / Clinical
2:30P - 3:30P	1.0	<i>Dietary Interventions to Improve Lipoprotein Profiles and Increase Neural Lutein Concentrations: Relationships To Cognitive Function.</i> - Elizabeth Johnson, PhD	Public Health SPONSOR: HASS AVOCADO BOARD
		<i>What Changes In Health Care Delivery And Payment Mean For The RDN In Any Work Setting</i> Lisa Gibson, MS, RDN, FAND and Michelle Kuppich, RD	Practice Issues / Reimbursement
		<i>Nutrition Management of Inflammatory Bowel Disease</i> - Kelly Issokson, MS, RD, CNSC	Clinical Nutrition
3:30P - 4:00P		COFFEE BREAK	SPONSOR: BENECOL
4:00P - 5:30P	1.5	<i>Water Consumption and Proper Hydration Influences on Body Function and Metabolism</i> Lawrence Armstrong, PhD, FACSM - Jodi Stookey, PhD	Public Health / Clinical SPONSOR: DRINKING WATER RESEARCH FOUNDATION (INTERNATIONAL BOTTLE WATER ASSOCIATION)
		<i>Wasted: How Food Waste Contributes to Global Warming and What Nutrition Professionals Can Do About It</i> Erin Fitzgerald Sexson	Sustainability / Foodservice Mgmt SPONSOR: NATIONAL DAIRY COUNCIL/INNOVATION CENTER FOR US DAIRY
		<i>Ketogenic, Paleolithic or High Carbohydrate Diet: What is an Athlete to Eat?</i> - Marlia Braun, PhD, RD	Sports Nutrition
		<i>**ROUNDTABLE ON HOW TO WIN FOLLOWERS AND INFLUENCE PEOPLE: SOCIAL MEDIA 101 (Limited to 25 people Ticket Required)</i> - Caroline Kaufman, MS, RDN and Nani Glass, RDN	Social Media
		<i>**ROUNDTABLE ON REGULATORY COMPLIANCE FOR LONG TERM CARE, GENERAL ACCUTE HOSPITALS” (Limited to 50 people Ticket Required)</i> Kerry Kelly MA, RD, Terri Blackwell-Goetz MPH, RD, Shola Ayodele MS, RD	Regulatory Consulting SPONSOR: CA DEPT. OF PUBLIC HEALTH
6:00P – 8:00P		PRODUCT MARKETPLACE / EXHIBITS / OPENING NIGHT RECEPTION	
8:30P - 9:30P		CAND FOUNDATION EVENT	

		CALIFORNIA ACADEMY OF NUTRITION AND DIETETICS ANNUAL CONFERENCE & EXPO FRIDAY APRIL 22, 2016 - CAND ANNUAL CONFERENCE & EXPO	
7:00A – 6:00P		Registration & Hospitality/Speaker Lounge/Volunteer Check in	
7:00A - 8:00A	1.0	Total Body Workout: Bec McDorman	Wellness/Public Health
7:30		Yoga For Healthy Digestion – Bring A Towel For This Yoga Workout Session - Margaux Permutt, MPH, E-RYT500	
7:50-8:15A	0	LIGHT BREAKFAST	SPONSOR: SIGGI'S
		INTRODUCTION TO SIGGI'S	SPONSOR: SIGGI'S
8:30A -10:00A	1.5	**PROTEIN RESEARCH, Part II** Optimal Protein Intake: Research-Based Dietary Recommendations for Athlete and Active Aging Nancy Rodriguez, PhD, RD, CSSD, FACSM	SPONSOR: CA BEEF COUNCIL
			Public Health / Clinical Nutrition
10:00A – 2:00P	5	PRODUCT MARKETPLACE / EXHIBITS / POSTER SESSIONS (authors present 12:30-2:00) / CAND Foundation Baskets and Drawings!	
10 am – 12p		Public Policy Council Meeting	
10:30A		KITCHEN TOUR - Ticket required.	
12:30-1:30P		Dietitians in Healthcare Communities (DHCC) Meet & Greet	
2:15-3:15P	1.0	"Be Well" Weight Management And Exercise Program For High Risk Older Adults Bonita E Hart, RDN	SPONSOR: FOOD & NUTRITION MANAGEMENT
			Consultants
2:15-3:45P	1.5	Behind the Headlines: A Closer Look at the Impact of the Drought on California Crops Alissa Kendall, PhD - Danielle Veenstra - Jenny Heap, MS, RDN	SPONSOR: ALMOND BOARD OF CA
		PROTEIN RESEARCH, Part III Protein & Health: What Should We Be Telling Our Patients Based on Research and Dietary Guidelines? - Christopher Gardner, PhD	Public Health / Clinical Nutrition
3:15 – 4:00P		COFFEE BREAK	SPONSOR: ALDI
4:00 – 5:00P	1.0	Understanding The Controversy Of Implications Of The 2015 Dietary Guidelines Scientific Advisory Committee Report Roger Clemens, DrPH, CFS, CNS, FACN, FIFT, FIAFST	2015 Dietary Guidelines
		Making Sense of the RDN Scope of Practice in California Pat Booth, MS, RD, FADA	Public Policy / Scope of Practice
		Speaker Panel #1 Moderator: Wanda Siu-Chan, VP Education Council Finding Your Niche: Out-of-the-Box Opportunities for Dietetics Professionals Beckette Williams, MS, RD - Lara Felton, MBA, RDN - Diane Machcinski, MEd, RD	Special Session for Students, Interns & New Members All attendees welcome
5:15 - 6:15P	1.0	Speaker Panel #2 Moderator: Wanda Siu-Chan, VP Education Council Connect! Expanding Your Network for Future Success Annette Besnlian, EdD, MPH, RDN, CLE, FAND - McKenzie Hall, RD – Bryana Piazza Gonzales, MS, RD	Special Session for Students, Interns & New Members All attendees welcome
		Communicating with Confidence: How to Share Your Expertise With the Media Vandana Sheth, RDN, CDE	Communication / Media
		Hunger & Food Insecurity: It's Not Just About the Food - Robert Egger	Food Security/ Public Health
		5 Minute Diet Education - Alice Waterbury Fagundes, MS, RDN, FAND	Clinical Nutrition
6:30 - 7:30P		STUDENT / NEW MEMBER RECEPTION	SPONSOR: MARILYN MAGARAM CENTER - CSUN
6:30-7:30P		SPECIAL EVENT	
7:30 - 10:00P		APPRECIATION RECEPTION – INVITATION ONLY EVENT	

TIME	CPE	CALIFORNIA ACADEMY OF NUTRITION AND DIETETICS ANNUAL CONFERENCE & EXPO SATURDAY APRIL 23, 2016		
7:00A - 2:00P		Registration & Hospitality/Speaker Lounge/Volunteer Check in		
7:30A		LIGHT BREAKFAST	SPONSOR: DAISY BRAND	
8:00A – 9:00A	1.0	<i>Carbohydrates, Performance & Weight loss: Is Low the Way to Go or the Way to Bonk?</i> Glenn Gaesser, PhD	SPONSOR: THE WHEAT FOODS COUNCIL	Sports Nutrition
		<i>Building Better Health in California: How the Environment Affects Our Nutrition and Impacts Our Health</i> Avtar Nijjer-Sidhu, PhD, RD	SPONSOR CAND CENTRAL VALLEY DISTRICT	Environmental Nutrition
9:15A – 10:15A	1.0	<i>Current Issues: Fats In Vogue, Wheat Woes, uh-oh GMOs</i> James Painter, PhD, RD	SPONSOR: SUN-MAID GROWERS OF CA	Nutrition / Public Health
10:30A – 11:30A	1.0	<i>Culinary Inspiration and Strategies for Easy, Appealing Plant-Based Meals</i> Sharon Palmer, RDN	SPONSOR: TBD	Culinary Nutrition
		<i>Baby Food for Men? Foods to Promote Male Fertility</i> Wendie Robbins, RN, PhD, FAAN, FAAOHN	SPONSOR: CALIFORNIA WALNUT COMMISSION	Public Health
		<i>Diabetes, Food and Culture: Clinical Nutrition and Culinary Perspectives</i> Christine Craig, MS, RD, CDE		Clinical Nutrition / Cultural Foods
11:45A – 12:45P	1.0	<i>Counseling on the Fly with M.I.</i> Dawn Clifford, PhD, RD - Laura Curtis, MS, RD	SPONSOR: CAND NORTHERN AREA DISTRICT	Motivational Interviewing
		<i>Leadership and Negotiation: Essential Ingredients for Career Success</i> Tracy Petrillo, EdD, RD		Career Development
		ROUND TABLE: TV Dos and Don'ts: How to Face the Camera and Be the Face of Nutrition Expertise (Limited to 25 RDs/DTRs only) Tatum Wan		Professional Communications
12:45P - 1:15P		BUFFET LUNCH	SPONSOR: TBD	
1:15P – 2:45P	1.5	<i>Snack on This! Trends, Research and Tips to Optimize Nutrition between Meals</i> Lori Hoolihan, PhD, RDN and Maureen Bligh, MA, RD	SPONSOR: DAIRY COUNCIL OF CA	Nutrition / Public Health
2:45P – 3:00P		CLOSING REMARKS Kathy Sucher, RD, ScD, CAND President – Amy Myrdal Miller, CAND President Elect		

LOG ON TO WWW.DIETITIAN.ORG

CLICK ON THE ANNUAL CONFERENCE BUTTON TO **Register Online!**

OR type in link http://dietitian.org/annual_meeting16registration.html

Or fill out the form on following page, scan and email or “snail mail” Early Bird Deadline 4/1/16

2016 CAND Annual Conference *Registration Form*

PAYMENT MUST ACCOMPANY THIS FORM, CHECK PAYABLE TO & MAILING ADDRESS:
 California Academy of Nutrition & Dietetics, 7740 Manchester Ave, Suite 102, Playa del Rey, CA 90293
 Fax Credit Card Payments only to: 310/823-0264 or Scan and Email patsmith@dietitian.org
 Not responsible for un-received Forms - verify! 310/822-0177 OR: patsmith@dietitian.org

BADGE INFORMATION

NAME: (no credentials please): _____

COMPANY/EMPLOYER: _____

AREA OF PRACTICE ON BADGE;

RD RDN DTR Student
 Clinical Consultant Educator
 Food Svc Long Term Care Media
 Research Management Public Health
 Sales Purchasing
 Other _____

Confirmation, badge/tickets mailed to the address provided below.

PLACE NAME + FULL RETURN ADDRESS IN THE WINDOW

Mail My Confirmation to Name, Address, City, Zip Code:

EMAIL _____ Day Time Phone () _____

HOST HOTEL BOOKED BY ATTENDEE Marriott Riverside 800.228.9290 or 951.784.8000 \$121.00++ "CAND Rate"

AND MEMBER # **MUST APPEAR** to register as AND Member and dues paid in full by 10/1/2015. (CDR Tracking is not proof of AND membership.) ** Non Member Students - Instructors Signature required. **MUST CIRCLE DAY(S) ATTENDING**

Academy of Nutrition & Dietetics MEMBER # Required	EARLY-BIRD ON OR BEFORE APRIL 1		REGULAR AFTER APRIL 1		CIRCLE DAY(S) ATTENDING	TOTAL
	3 DAY	1 DAY	3 DAY	1 DAY		
AND Members RDs, RDNs and DTRs	\$295	\$160	\$375	\$200	All 3 Days - Thu - Fri - Sat	\$
AND Student Member in an Accredited Program AND Retired Members – Not a RD/RDN (DTR**)	\$160	\$130	\$210	\$160	All 3 Days - Thu - Fri - Sat	\$
Non Member Student follow instruction below**	\$215	\$160	\$260	\$185	All 3 Days - Thu - Fri - Sat	\$
Non AND Members	\$450	\$235	\$550	\$290	All 3 Days - Thu - Fri - Sat	\$
THURSDAY or FRIDAY Exhibits ONLY No Sessions – Per Day		\$ 75		\$100	Thu or Fri - (none on Sat)	\$

** This form must be signed by the supervising instructor for Non Member Student rate. Applies to Undergraduates in DPD, CDP, Interns Or DTR Programs Who Are Not RDs and **Not an AND Member**. Current DTRs in an RD Program must have supervising instructors Signature

INSTRUCTOR SIGNATURE _____ INSTITUTION _____

All Cancellations submitted In Writing. Badge and tickets must be returned with request. Cancellations After March 19th Will Be Charged \$75.00 Processing Fee + Credit Card fees if applicable. No refund requests will be granted 5 working days after the close of the meeting.

REGISTRATION AND TICKETS REQUIRED FOR THE FOLLWING EVENTS see flyer for info. – ✕ YOUR CHOICES BELOW
 KITCHEN TOUR–Limited to 20 participants each 10:30am: Thursday _____ or Friday _____

THURSDAY, 4/21 ROUND TABLE RDs & DTRs only (Free-Limited) #1 Social Media 101 RT1 No Charge _____

RDs & DTRs only (Free-Limited) #2 Regulatory Consulting RT2 No Charge _____

THURSDAY, 4/21 8:30-9:30 PM CAND Foundation Tamale Event \$40.00 per ticket CANDF \$ _____

SATURDAY 4/23 ROUND TABLE RDs & DTRs only (Free-Limited) #3 TV Do's & Don'ts RT3 No Charge _____

DONATION TO *Ca Academy of Nutrition & Dietetics Foundation* Suggested Amount (\$10, \$25) \$ _____

> > **VEGETARIAN MEAL Thursday** _____

(Purchase orders + American Express NOT accepted)

TOTAL AMOUNT ENCLOSED \$ _____

Credit Card Payments MASTERCARD / VISA or DISCOVER CARDS ONLY (American Express NOT accepted)

CARD NUMBER _____ EXP. DATE _____

Print Card Holder Name _____ Card Holder's Signature _____

REGISTER BY 4/1 TO BE ENTERED IN A PRIZE DRAWING 4/22 – MUST BE PRESENT IN EXHIBIT HALL TO WIN

REGISTER ONSITE AFTER April 11th - Registration Processed after April 11th – Pick up Badge/Tickets Onsite

**California Academy of Nutrition and
Dietetics
7740 Manchester Ave #102
Playa del Rey, CA 90293
310 822 0177 dietitian.org**