

Certificate of Attendance California Dietetic Association
2015 Annual Conference – Riverside, CA

From Diagnosis to Acceptance:

The Emotional Impact of Chronic Illness

Participant Name: _____

RD/DTR ID Number _____

Date Completed: Thursday April 9, 2015 4:00-5:30

1.5 II

CPEUs CPE Level Learning Needs Codes

RETAIN ORIGINAL COPY FOR YOUR RECORDS, ALONG WITH THE PROGRAM AGENDA/LEARNING OBJECTIVES

*Refer to your Professional Development Portfolio Learning Needs Assessment Form (Step 2)

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From Diagnosis to Acceptance: The Emotional Impact of Chronic Illness

CPE Category 3 (60 to 90 minute breakout session or webinar) (Codes: 5460, 6010, 6020, 6030, 6060, 6070, 6080)

Summary: Registered dietitian nutritionists are often the first medical care providers that spend more than a few minutes with a person after a patient is diagnosed with a chronic medical condition. The intention of this program is to cultivate awareness and provide an overview of the different emotional stages of disease understanding and acceptance, and learn how these stages can affect a patient's ability to cope with the disease and understand treatment options including dietary modifications.

Objectives: Participants who attend this session will:

1. Identify the emotional challenges of people diagnosed with a chronic medical condition.
2. Understand three models of coping that may apply to people diagnosed with a chronic condition.
3. Identify specific actions they can use with patients diagnosed with chronic conditions to maximize the patients' acceptance of their conditions leading to improved treatment and outcome