

# California Dietetic Association - Annual Meeting App Tech Solutions for a 21st Century Nutrition Practice

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## Health Policy Resources

ACA - Affordable Care Act <http://www.hhs.gov/healthcare/rights/>

HITECH Act - Health Information Technology for Economic & Clinical Health

<http://www.hhs.gov/ocr/privacy/hipaa/administrative/enforcementrule/hitech-enforcement.html>

and

<http://www.healthit.gov/policy-researchers-implementers/health-it-legislation>

MU - Meaningful Use <http://www.healthit.gov/policy-researchers-implementers/meaningful-use-regulations>

Health Information Technology [www.HealthIT.gov](http://www.HealthIT.gov)

Health Information Privacy, Security and your EHR

<http://www.healthit.gov/providers-professionals/ehr-privacy-security>

Sonnier P. Story of digital health. 2014 <http://storyofdigitalhealth.com/videos/>

Frederico C. HIA - Health Informatics Acronyms ebook [www.AppyLiving.com](http://www.AppyLiving.com)

Telehealth Resources <http://www.telehealthresourcecenter.org>

mHealth Evidence [www.mHealthEvidence.org](http://www.mHealthEvidence.org)

## Patient Care Groups

CancerCare [www.CancerCare.org](http://www.CancerCare.org)

Caring Bridge [www.CaringBridge.org](http://www.CaringBridge.org)

ePatient Dave [www.ePatientDave.com](http://www.ePatientDave.com)

Inspire [www.Inspire.com](http://www.Inspire.com)

Participatory Medicine [www.ParticipatoryMedicine.org](http://www.ParticipatoryMedicine.org)

Patient Voice Institute [www.PatientVoiceInstitute.org](http://www.PatientVoiceInstitute.org)

Patients Like Me [www.PatientsLikeMe.com](http://www.PatientsLikeMe.com)

Wego Health [www.WeGoHealth.com](http://www.WeGoHealth.com)

WhatNext [www.WhatNext.com](http://www.WhatNext.com)

## Academy of Nutrition and Dietetics

Nutrition Informatics Blog

<http://www.eatrightpro.org/resources/news-center/in-practice/nutrition-informatics>

eNCPT Online <https://ncpt.webauthor.com>

Telehealth <http://www.eatrightpro.org/resource/practice/getting-paid-in-the-future/emerging-health-care-delivery-and-payment/telehealth>

Privacy & Security

<http://www.eatrightpro.org/resource/news-center/in-practice/nutrition-informatics/confused-about-health-privacy-and-security-with-ehrs>

Ayres E, et al. Nutrition informatics competencies across all levels of practice: A national delphi study. *JAcadNutrDiet.* 2012; 112(12):2042-2053.

Frederico C. Engaging Your Patients in Their Nutrition Care. *HIMSS Clinical Informatics Insights.* February 2013. <http://www.himss.org/files/newsletters/ClinicalInformatics/CI%5FInsights%5F20130211.pdf>

Frederico C. Technology Tips from a NIRD Professor. The Academy of Nutrition and Dietetics Student Scoop. January 2014.

Frederico C. The Connected Dietitian: Power Up With Apps. Academy of Nutrition and Dietetics' Nutrition Education for the Public, Networking News. Fall 2014.

<http://www.nepdpg.org/members/page.cfm?page=networking-news-3>

## Health Sensors

Sensors: Fitbit, Jawbone Up, Samsung Gear Fit, RunKeeper

Watches: Samsung Gear Watch, Apple Watch, Bodymedia, Basis

Necklace, Bracelet: Misfit Shine

Clothing: Polo shirts

Boston Globe. 8 New health-tracking sensors. [http://www.boston.com/lifestyle/health/gallery/wearable\\_trackers/](http://www.boston.com/lifestyle/health/gallery/wearable_trackers/)

Topol E. *The Creative Destruction of Medicine.* New York: Basic Books. 2012

[www.ted.com/talks/eric\\_topol\\_the\\_wireless\\_future\\_of\\_medicine.html](http://www.ted.com/talks/eric_topol_the_wireless_future_of_medicine.html)

Topol E. *The Patient Will See You Now: The future of medicine is in your hands.* New York: Basic Books. 2015.

## Text

Dimagi, CommCare, CommConnect, CommTrack <http://www.dimagi.com>

Text4Baby, J&J <https://www.text4baby.org>

Text4Health <http://www.columbia.edu/cu/text4health/>

## Social Media

*Go Social*, iphone app, Rebecca Subbiah, Nadine Fisher, plus other RDs & experts  
Blogs

<http://www.healthcareitnews.com>

[www.MobiHealthNews.com](http://www.MobiHealthNews.com)

[www.NutritionBlogNetwork.com](http://www.NutritionBlogNetwork.com)

[www.mHealthNews.com](http://www.mHealthNews.com)

## Twitter

[www.Twitter.com](http://www.Twitter.com)

follow @eatright, @letsmove, @choosemyplate.gov, @HHS.gov, @FDArecalls, @cdcgov, @cdcready, @HIMSS, @sree, @nutritionvision

[www.HootSuite.com](http://www.HootSuite.com) schedule tweet posts

[www.TweetChat.com](http://www.TweetChat.com) automatically refreshes for carnivals

[www.HashTags.org](http://www.HashTags.org) shows # trends

## Pinterest

RD Book Board;

<http://pinterest.com/jenniferneily/books-by-the-nutrition-experts-rds/>

Health App Board

<http://pinterest.com/nutritionvision/health-apps/>

## Photography

[www.HealthyAperture.com](http://www.HealthyAperture.com)

[www.Instagram.com](http://www.Instagram.com)

## Video

YouTube, Jennifer Neily, NeilyonNutrition, [www.Youtube.com](http://www.Youtube.com)

Vimeo, Alice Henneman [www.vimeo.com](http://www.vimeo.com)

## Slides

[www.slideshare.net](http://www.slideshare.net)

## LinkedIn

[www.linkedin.com](http://www.linkedin.com)

## Google+

<http://plus.google.com>

# Health App Collections

AND App Reviews <http://www.eatrightpro.org/resources/media/trends-and-reviews/app-reviews>

AND Food and Nutrition Magazine <http://www.foodandnutrition.org/Nutrition-Apps/>

Health & Human Services <http://www.hhs.gov/digitalstrategy/mobile/mobile-apps.html>

Happtique [www.happtique.com](http://www.happtique.com)

Wellocracy [www.wellocracy.com](http://www.wellocracy.com)

John Stalker Institute <http://johnstalkerinstitute.org/blog/nutrition-app-guide/>

Frederico Arts LLC [www.NutritionVision.info](http://www.NutritionVision.info)

Pinterest Health App Board <http://pinterest.com/nutritionvision/health-apps/>

An App A Day ebook series, [www.AppyLiving.com](http://www.AppyLiving.com)

Appy Living Magazine, free - [www.AppyLiving.com](http://www.AppyLiving.com)

IMS Institute for Healthcare Informatics. Patient apps for improved healthcare: from novelty to mainstream. October 2013. Accessed August 14, 2014.

[http://www.imshealth.com/deployedfiles/imshealth/Global/Content/Corporate/IMS%20Health%20Institute/Reports/Patient\\_Apps/IIHI\\_Patient\\_Apps\\_Report.pdf](http://www.imshealth.com/deployedfiles/imshealth/Global/Content/Corporate/IMS%20Health%20Institute/Reports/Patient_Apps/IIHI_Patient_Apps_Report.pdf)

Empson R. The ultimate guide to the 50+ hottest health and fitness apps, gadgets and startups of the year. Techcrunch. January 2, 2013. [www.techcrunch.com/2013/01/02/best-health-apps/](http://www.techcrunch.com/2013/01/02/best-health-apps/)

## Health App Report Aggregators

CarePass, Aetna [www.carepass.com](http://www.carepass.com) until 12/14

Humana Vitality <https://www.humana.com/vitality/> corporate clients

Validic [www.validic.com](http://www.validic.com)

Wellable <http://wellable.co> corporate clients

Nudge [www.nudgeyourself.com](http://www.nudgeyourself.com)

Health Apple app with IOS8

Pai A. 23 health and wellness apps that connect to Apple's HealthKit. September 30, 2014. <http://mobihealthnews.com/36870/23-health-and-wellness-apps-that-connect-to-apples-healthkit/>

Fox S, Duggan M. Tracking for Health. January 28, 2013. <http://www.pewinternet.org/2013/01/28/tracking-for-health/>

## PHR Resources

Capzule

iBlueButton

Microsoft Health Vault

MyChart by Epic

MyMedical

BlueButton [www.healthit.gov/bluebutton](http://www.healthit.gov/bluebutton) <http://bluebuttondata.org>

LinkedIn [http://www.linkedin.com/groups/Health-IT-Electronic-Health-Records-3993178?home=&gid=3993178&trk=anet\\_ug\\_hm](http://www.linkedin.com/groups/Health-IT-Electronic-Health-Records-3993178?home=&gid=3993178&trk=anet_ug_hm)

MyPHR by AHIMA [http://www.myphr.com/Resources/mobile\\_PHRs.aspx](http://www.myphr.com/Resources/mobile_PHRs.aspx)

Pew Research Center. Health Online 2013. <http://pewinternet.org/Reports/2013/Health-online.aspx>

University of Kansas Medical Center. Risks and benefits of health information exchange. (HIE)

<http://www.kumc.edu/health-informatics/hispc/for-consumerspatients/risks-and-benefits-of-health-information-exchange.html>

Vaneck V. Providing nutrition support in the electronic health record era: The good, the bad, and the ugly. Nutr Clin Pract. December 2012; 27(6):718-737. <http://ncp.sagepub.com/content/27/6/718.short>

## Private Practice EHR Resources

Connect&Coach, enterprise grocery companies only at this time [www.phrql.com](http://www.phrql.com)

Datuit [www.datuit.com](http://www.datuit.com)

Fruit Street [www.fruitstreet.com](http://www.fruitstreet.com)

Greenpie [www.greenpie.net](http://www.greenpie.net)

Health Zooks [www.healthzooks.com](http://www.healthzooks.com)

HealthyBytes [www.healthybytes.com](http://www.healthybytes.com)

KaizenRD [www.kaizenrd.com](http://www.kaizenrd.com)

Kalix Health [www.kalixhealth.com](http://www.kalixhealth.com)

MobileRD [www.mobilerd.com](http://www.mobilerd.com)

REAL Dietitian, enterprise companies (insurance, workplace) [www.REALdietitian.com](http://www.REALdietitian.com)

## Health Games

Academy of Nutrition and Dietetics [www.eatright.org/NNM/content.aspx?id=5334&terms=games#.US9yMI6W6MU](http://www.eatright.org/NNM/content.aspx?id=5334&terms=games#.US9yMI6W6MU)

Center for Digital Games Research [www.cdgr.ucsb.edu](http://www.cdgr.ucsb.edu)

Games for Health - archive [www.GamesforHealth.org](http://www.GamesforHealth.org)

Health Games Research, Health Game Database - archive  
[www.healthgamesresearch.org](http://www.healthgamesresearch.org)

Personal Connected Health Alliance, Games for Health HX360  
<http://hx360.org/games-health>

## Conferences

California Healthcare Foundation [www.chcf.org](http://www.chcf.org)

Health 2.0 [www.health2con.com](http://www.health2con.com)

HIMSS <http://www.himssconference.org> also virtual events

mHealth [www.mHealthSummit.org](http://www.mHealthSummit.org)

NYeC <http://www.digitalhealthconference.com/about/>

Partners Connected Health <http://symposium.connectedhealth.org>