

CALIFORNIA DIETETIC ASSOCIATION
ANNUAL MEETING AND EXHIBITION
APRIL 15-17, 2010
OAKLAND MARRIOTT CITY CENTER



Thursday 8:45-10:15
Jay Hewitt
USA Olympic Triathlete



Friday 8:15-9:45
Bonnie Modugno, MS, RD
*Weight Management
for Recreational Athletes*



Saturday 8:00-9:00
Jessie Pavlinac, MS, RD, CSR, LD
*ADA President
ADA Update*



SPECIAL HOTEL RATE AT OAKLAND MARRIOTT CITY CENTER

\$155.00 single/double per night plus applicable taxes.

This negotiated price WILL EXPIRE 3/15/2010

1001 Broadway, Oakland, CA 94607

888/236-2427 ask for Corporate/promotional code "CDA Rate" or

<http://www.marriott.com/hotels/travel/oakdt?groupCode=cdacdaa&app=resvlink&fromDate=4/13/10&toDate=4/18/10>

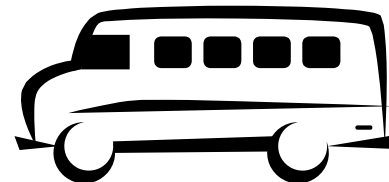


TRANSPORTATION

Bay Area Rapid Transit (BART) just across the street. San Francisco is a 12-minute ride. There are also numerous freeways, Amtrak, and the Alameda Contra Costa County Transit bus systems.

PARKING

On-site parking, fee: \$3 hourly, \$15 daily - Valet parking, fee: \$26 daily



SHUTTLE SERVICES FROM AIRPORT TO HOTEL

East Bay Airport Express Service 510/547-0404

Bay Porter Express 415/467-1800

Direct Airport Tax 510/654-6060



WEATHER

Average daily temperature in April is between 65-70 degrees. A light coat or raincoat in case of showers would be advisable. **Meeting rooms are often cool, so bring a jacket or sweater!**

NAME BADGES

Badges must be worn at all meeting functions.

Lost or forgotten badges will be replaced at a fee of \$5.00.



REGISTRATION

The CDA Annual Meeting Registration will be in the Oakland Marriott Hotel Foyer adjacent to the convention center.



AUDIO TAPING

During the annual meeting, many speakers will be audio taped. Individuals interested in purchasing the CDs may do so in the foyer across from CDA registration booth. Order form will be posted on www.dietitian.org 1 week after meeting (not CPE approved)

EXHIBITS

Thursday Night 6-8pm; Friday 10am-2pm ONLY
There are NO Exhibits on Saturday

Product MarketPlace

Thursday 6-8, Friday and Saturday 10-2

Wednesday Night Pre-Conference Workshop

Taking Charge of Change

*Re-examine old Assumptions
Create Positive Personal Breakthroughs!*

Chart Your Career

*Do you know where your career is steering you
to? Create a career roadmap!*

April 14, 2010

6:00pm-9pm 3 CPEs

CDA/ADA Members \$70 Non-Members \$90

Steve Sphar, JD *Taking Charge of Change.* Change is a natural and unavoidable part of life. And yet the uncertainty it brings can cause stress, anxiety and fear of the unknown. When we are faced with chaotic, drastic or unwanted change, we long to regain the balance and stability that give us a sense of control over the events in our lives.

"Taking Charge of Change" is an interactive workshop that will help you understand how to manage change more successfully. You will use real-world examples to learn and apply the principles of effective change management. Although change causes stress and emotional upheaval, it can also be a time of enormous creativity and energy. Learn how to use change as an opportunity to re-examine old assumptions and create positive personal breakthroughs.

And

Teresa Pangan, PhD, RD *Chart Your Career: Critical Steps to Getting Places in Your Career.* Do you know where your career is steering you to? Career management is an ongoing process, critical no matter your circumstances - employed, not employed, have your own business, working in dream job, or taking a break from professional career for now. First step is to get to know yourself: personality, strengths, values, interests and purpose. Then create a career road map to get you quickly to where you are going without taking the 'scenic' route. Successful and happy professionals do not happen by accident.
Session LNC 1000, 1010, 1120, 7000, 7120

OPENING NIGHT RECEPTION

Healthy Dining

Thursday April 15, 2010

6:00pm-8:00pm

At the Opening Night Reception, you'll enjoy a variety of great tasting, healthier dishes from a variety of restaurant menus, all participants in the **Healthy Dining Program**. The menu items and corresponding nutrition information are featured on HealthyDiningFinder.com, a website developed by California-based **Healthy Dining**



American Dietetic
Association
Foundation

Thursday 8:30pm - 1 CPE hour

The ADA Foundation invites you to hear an informative presentation from Jim Painter, PhD, RD at the ADAF 2nd Annual Wine and Chocolate Event. Learn the sensory components, proper techniques of wine tasting, and how phenolic compounds reduce the risk of heart disease. This is your chance to donate to scholarships, research grants and the Healthy Weight for Kids Program while tasting some fine wine at the same time.

Take a Dessert break and Donate. \$30.00



CDA Foundation

Basket Silent Auction

Join us in the exhibit hall and try to win one of many baskets filled with all kinds of good stuff!

Apron For Your Donation!

As a thank-you gift, receive an embroidered apron for your donation to CDAF!
Drop by the tables in the exhibit hall!

**Just \$5
For Our Future**

Donate for Student Scholarships!
Drop by the tables in the exhibit hall!

Thursday April 15, 2010 - Total CPE 6 + 1 CPE/25 Exhibits Viewed

7:15 am Breakfast Sponsored by Canolainfo.org

8:00am-8:45am **Dorothy Chen Maynard, PhD, RD + Nancy Banda, RD +Carol Berg Sloan, RD** *CDA Business Meeting, Delegate and Public Policy Update*

8:45am-10:15am (1.5 CPE) **Jay Hewitt- USA Olympic Triathlon Finish Line Vision: Diabetes, Sports and Nutrition** He is living proof that a healthy diet and regular exercise are very effective tools in managing diabetes. Moreover, his "Finish Line Vision" is a winning technique for accomplishing professional and personal goals and turning so-called "impossible" dreams into reality. As Jay tells others, "You will not quit. You will get there." LNC 4060; 5190; 1070 **Sponsor:**



Sponsor:



10:30am-11:45am (1 CPE) **Jim Painter, PhD, RD** *12 Foods to Reduce the Risk of Heart Disease.* This presentation will discuss the relevance of phytonutrients in a healthy diet and review 12 foods rich in phytonutrients, which can reduce the risk of Heart Disease. LNC 2000, 2010, 2110, 4040

12:15pm-1:15pm *CDA/ADA Awards Lunch and Ceremony* – Free to all Attendees

1:30pm-2:30pm - CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

Sherri Shafer, RD, CDE *Managing Diabetes in Pregnancy* Diabetes control during pregnancy is critical to healthy outcomes for mother and baby. Guidelines for managing pregnancies in women with pre-existing diabetes as well as those with gestational diabetes will be addressed. LNC 4130;5190;5310

Preston Maring, MD *Produce to the People: Good Food in Healthcare* Good food is fundamental to health. Healthcare institutions play an important role in bringing good food to people through different channels setting examples for others. LNC 8000; 8018

Sponsor: Kaiser Permanente

Suzanna (Sam) Ousey, RD *POLST* Introduction to POLST for RDs in State of CA, to become familiar with the new process. LNC 5390;5430

Sponsor: H.M.Composite, San Jose Peninsula District

2:45pm-3:45pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

Janet McDonald, PhD *The Challenges of Change: Current Food and Nutrition Issues at the FDA* An update on new laws/regulations, food labeling, dietary supplements, food safety, nanotechnology, and other FDA current issues will be presented. LNC 2010; 2040; 7100

Patricia Crawford, DrPH, RD *Childhood Obesity initiatives: Opportunities for RDs* RDs have opportunities to combat the obesity epidemic through education and advocacy. By focusing on environmental and policy approaches to obesity prevention, change is possible. LNC 4010; 4020; 4040; 4150; 4160 ;5370

Keith Belk, Phd *Organic, Natural and Grass Fed Beef: Perception vs. Reality* With growing consumer interest in purchasing "niche" beef products, we will explore such products. LNC 2000; 2040 ;2100

Sponsor: California Beef Council

3:45-4:15 Coffee Break

Sponsored by Chobani

4:15pm-5:45pm - CHOOSE ONE OF SEVEN – 1.5 CONTINUING PROFESSIONAL EDUCATION CREDIT

Santalynda Marrero, EDD + Lisa Kessler, DrPH, MPH, RD *The Business Case of Cultural Competency and Its Value in Your Nutrition Practice* Understanding the important role Diversity and Cross Cultural Competency play for a sound practice will be explored. Generating inclusion and engagement for self-efficacy and success must be deliberately planned. LNC 1040;7050;8015

Bea Hensleit, RN + Heidi Kiehl, MS, RD, CNSC + Pat Booth, MS, RD, FADA *How to Become a Survey Savvy RD* Learn the details to achieve a well prepared, less stressful survey and impress your surveyor. LNC 7000;7100;7160

IF CHOOSING A ROUND TABLE; LIMITED TO 25 ATTENDEES; MUST MARK YOUR CHOICE ON THE REGISTRATION FORM

Round Table 1: Tina Kerrigan, MS, RD *Entering the Workforce: Nourishing Your Career®* Designed for Entry-level RDs and New Graduates preparing to enter the workforce. Review current employment trends in Food, Nutrition & Dietetics, resume and interviewing preparation. LNC 1000;1010;1140

Sponsor: JobsinDietetics.com

Round Table 2: Katherine Kim, MPH, MBA *Grant Writing Workshop for Nutrition Professionals: Top 10 Tips for Successful Grants* Whether you're a novice grantwriter or dietetics professional with a great program to fund, this workshop offers tools and tips for developing a compelling proposal. LNC 9000;9040

Round Table 3: Debra Hook, CHES, MPH, CNSD + Connie Hurlbert, RD, CNSC + Janna Dreisbach, RD *A review of implementing the Nutrition Care Process into the Electronic Medical Record at Community Hospital, including it's improvements, obstacles, and tips for success.* A review of implementing the Nutrition Care Process into the Electronic Medical Record at Community Hospital including its improvements, obstacles and tips for success. LNC 3000;5000;5390

Round Table 4: Chhaya Patel, MA, RD, CSR *EYE on Renal Nutrition (Expand Your Expertise in Renal Nutrition)* Clinical dietitians who are interested in learning about diet for CKD. Covers basic kidney function and dietary recommendations for CKD stage 5 patients on dialysis. LNC 5000;5340

Round Table 5: Liz Leong, RD, CDE *How to Get Paid For What You Are Worth* The RD is one of the few privileged non-physician health care professional who can bill for our services! National statistic for this participation is dismal and inadequate # of RD providers can negatively influence coverage of MNT in more. LNC 7000;7170

Thursday April 15, 2010 Evening Events

6:00pm-8:00pm *Opening Night Reception + Healthy Dining -Restaurant Sampling Exhibits and Foundation Basket Viewing + Product MarketPlace*

8:30pm-10:00pm(1 CPE) **Jim Painter, PhD, RD ADA Foundation Wine and Chocolate Event** Learn the sensory components, proper techniques of wine tasting, and that phenolic compounds reduce the risk of heart disease. LNC 2000;4000;4090;5000;5370

Friday April 16, 2010 - Total CPE's 5 + 1/25 Exhibits Viewed + 1/6 Poster

6:00am- CDA Foundation *Fun Run – Leaving from the Marriott Lobby promptly at 6am* Sponsored by CDA Foundation

8:15am-9:45am (1.5 CPE) **Bonnie Modugno, MS, RD** *Weight Management for Recreational Athletes + Active People* Athletes and active people can also struggle with weight management. This seminar will explore three significant factors that influence the dietitian's ability to support effective fat loss in athletic and active people: why the energy balance equation doesn't adequately address metabolic and physiologic factors that influence energy partitioning; which behaviors commonly interfere with an active person's ability to effectively lose fat weight; how to identify opportunities for the dietitian to intervene and more effectively counsel these challenging clients LNC 2110; 3030; 4060; 5190; 5370

Sponsor:



12:00-1:00 Lunch in the Exhibit Hall Sponsored by McDonalds - Free to all attendees

10:00am-2:00pm *Exhibits and Poster Session (Authors present 12:30-2:00) + Product MarketPlace*

2:15pm-3:15pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

Roger Clemens, DrPH, CNS, FACN, FIFT *2010 Dietary Guidelines: Implications, Public Policy and Personal Practice* The USDA Dietary Guidelines for Americans provides the foundation for nutrition support programs. Implications of the 2010 guidelines have far-reaching impact on public policy and personal practice. LNC 1080;4000;4030

Sue Rhee, MD *Gut Immunology and Nutrition* Discuss the basics of mucosal immunity and the role of nutrition in intestinal immunology. LNC 2060;5000;5220

Dorothy Tregarden *Role of dietary supplements in meeting the Dietary Guidelines with an emphasis on vitamin D and Calcium.* Benefits and risks of obtaining dietary calcium and vitamin D from supplements LNC 2000;2090;3000;3100;5000;5130;5280

3:30pm-4:30pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

Laurel Mellin, MA, RD *Obesity and Neuroplasticity: Retraining the Emotional Brain* At this session you will Identify the four rules of positive emotional plasticity - describe the physiological basis for brain states - describe the impact of brain state on emotional, cognitive and behavioral factors related to obesity. LNC 2110;5000;5320;5370

Susan Hatmaker, JD *Current Updates in Employment Law* This program will provide the latest updates in CA employment law. The updates will range from new legislation to new case law, as well as the latest on important wage and hour issues. LNC 7090;7110

Margaret Davis, MBA, RD *Nutritional Challenges in Long Term HIV Care* With the advent of effective therapies & decreased mortality, the emergence of co-morbidities in HIV has presented increasing challenges in long-term care. LNC 5000; 5250; 5270; 6020

4:15-4:45 Coffee Break

Sponsored by: Chobani

4:45pm-6:15pm CHOOSE ONE OF THREE – 1.5 CONTINUING PROFESSIONAL EDUCATION CREDIT

Jim Painter, PhD, RD *Mindful Eating: Why We Eat More than We Think We Do* Most people are not aware of how much they eat. Techniques will be presented that help increase awareness by modifying the dining environment. LNC 4000;5000;5370

Sponsor: Pistachiohealth.com

Kathleen Zelman, MPH, RD, LD *Promoting Yourself In Your Profession with ADA Media Training* Learn how to promote yourself with effective communication techniques. This session will teach you how to create and communicate healthy-eating messages and help you position yourself as an expert with the media. LNC 1000;1090;1130

Sponsor: American Dietetic Assoc.

Laurence E Cheng, MD, PhD *The Facts and Fiction Behind Food Allergy* The prevalence of food allergies has been increasing. This session will discuss the mechanisms of reactions to foods and implications for dietitians. LNC 3000;5000;5110

Sponsor: UC SF MC

6:30pm-8:30pm *Student/New Member Reception* Current Students + New Members (joined 2004-2009) are invited to learn about CDA

8:30pm- *Appreciation Reception -Invitation Only*

Saturday April 17, 2010 - Total CPE's 5.5

7:15 Breakfast

8:00am-9:00am **Jessie Pavlinac, MS, RD, CSR, LD, ADA President** *ADA Update* Summarizing the many roles played by ADA members, educating CDA member's on their Associations rich history and of the many activities, such as the public policy, advocacy and news media outreach programs. Building a sense of community among our members, (1 CEU) LNC 1000;1050;1080

9:00am-10:00am (1 CPE) **Mark Messina, PhD, MS** *Understanding the Health Effects of Soyfoods: Making Sense of the Scientific Literature* This presentation critically evaluates research related to the role of soyfoods in supporting cardiovascular health, bone health and breast health and alleviating menopausal symptoms, and addresses safety concerns raised about soybean isoflavones (phytoestrogens). LNC 2000, 2010, 4040

Sponsor: **SOYJOY**

10:00am-2:00pm *Product MarketPlace*

10:15am-11:15am CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

Jo Ann Hattner, MPH, RD *Gut Insight – What RD's need to know about Probiotics & Prebiotics*

Bombarded daily with findings in nutrition and medical research, Hattner guides you through the science and you learn how to use natural food sources of probiotics and prebiotics. LNC 2000;2060;2100;5000;5220

Yakult

Karen Arnold, MA, RD *Greening Hospital Food Service: Why should we care and what can we do?* Individual and community health is a driving value for health care institutions. A case study on implementing green sustainable practices within a government food service operation. LNC 8000;8018;8070

Lynne Lyons, MPH, RD, CDE *Advances in Diabetes Technology: Pumps and CGM* This presentation will provide an overview of the insulin pumps and continuous glucose monitors on the market as well as the clinical utility of these technologies when managing patients with diabetes. LNC 5000;5190

Sponsor: **Abbott Diabetes**

11:30am-12:30pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

Daphne Miller, MD *The Jungle Effect: A Doctor Discovers the Healthiest Diets from Around the World-Why They Work and How to Make Them Work for You (HarperCollins)* Over the span of three years and tens of thousands of miles, Miller traveled to five locations where common diseases such as diabetes, heart disease and depression were rare. While visiting Mexico, Crete, Iceland, Cameroon and Okinawa, Miller collected recipes and learned of indigenous foods and eating traditions that prevent chronic illnesses. Now she shares her findings with you. LNC 1040;4000;4040;8000;8018

Doris Derelian, PhD, JD, RD, FADA + Gail Frank, CHES, RD, DrPH *Unintended Consequences of Simple Dietary Advice: Optimizing Health and Minimizing Harm* Healthy eating advice is often condensed into very simplistic messages. Although useful, they are incomplete dietary advice and consumers act on these messages. RDs need to identify caveats of implementing such advice and help clients evaluate nutritional needs before adopting isolated dietary changes. LNC 1070;6020;6070

Sponsor: **Dairy Council of California**

Richard Young, BS Electrical Engineering *Easy Green: Saving Water and Energy in Your Kitchen* Learn some of the many simple and effective ways to save energy and water in the commercial kitchen. Save money and increase your sustainability. LNC 8000;8018;1020;8030;8120

Sponsor: **PG&E Service Technology Ctr**

12:45pm-2:30pm **LUNCH WILL BE SERVED TO ALL ATTENDEES**



12:45pm-2:30pm (1.5 CPE) **James Joseph, PhD** *Berries, Nuts and Brain Aging: Do the Forest Animals Actually Have It Right?* There are numerous nutritional challenges related to aging and as the world population gets older, dietetic professionals must be aware of current research and implications. This session will review what "getting older" means in terms of disease prevention and health promotion. New research will be reviewed that indicates the positive role whole foods play in healthy, successful longevity. LNC 4000; 4040; 4190

CDA WOULD LIKE TO THANK DAIRY KING MILK FARMS; SPONSOR OF THE CONVENTION BAGS



2010 Annual Meeting *Registration Form*

PAYMENT MUST ACCOMPANY THIS FORM, MAIL TO:

CALIFORNIA DIETETIC ASSOCIATION

7740 Manchester Ave, Suite 102, Playa del Rey, CA 90293

Or Fax Credit Card Payments (only) to: 310/823-0264.

CDA is not responsible for un-received Fax-call to verify!

Phone: 310/822-0177 email: patsmith@dietitian.org

DEADLINE Return the registration form by March 19, 2010 and take advantage of early bird savings. **After 4/05 please register on site.** Registrations processed after 4/05 – Pick up Badge/Tickets

Badge Information: (if left blank, only name will appear)

FIRST NAME _____

LAST NAME (no credentials please) _____

COMPANY/EMPLOYER _____

JOB TITLE/POSITION _____

HOTEL RESERVATION MUST BE MADE BY ATTENDEE
Oakland Marriott City Center
"CDA Rate"

Confirmation, badge/tickets mailed to the address provided below.

PLACE NAME + FULL RETURN ADDRESS IN THIS BOX

Mail My Confirmation to Name, Address, City, Zip:

EMAIL _____

Day Time Phone () _____

ADA MEMBER # <small>MUST APPEAR to register as CDA/ADA Member all others are charged Non CDA/ADA Members price.</small>	EARLY-BIRD Postmarked ON OR BEFORE March 19		REGULAR Postmarked AFTER March 19		CIRCLE DAY(S) ATTENDING (important)	TOTAL
	3 DAY	1 DAY	3 DAY	1 DAY		
CDA/ADA Active Members	\$285	\$150	\$360	\$190	Thu – Fri – Sat - All 3	\$
CDA/ADA Student & Retired Members	\$100	\$ 75	\$150	\$100	Thu – Fri – Sat - All 3	\$
**Non Member Students – Must register by April 5	\$150	\$100	\$200	\$125	Thu – Fri – Sat - All 3	\$
Non CDA/ADA Members	\$435	\$225	\$535	\$275	Thu – Fri – Sat - All 3	\$
Exhibits Only Guest Name _____		\$ 50		\$ 75	Fri Exhibits Only	\$

Commission on Dietetic Registration Card is NOT valid proof of Membership in American Dietetic Association

All Cancellations Must Be Submitted In Writing. Cancellations After March 20th Will Be Charged \$50.00 Processing Fee.

ADA membership card must be presented on-site to be eligible for the membership rate.

** THIS CATEGORY INCLUDES ALL UNDERGRADUATES IN DIETETIC PROGRAMS, UNDERGRADUATES IN CUP, INTERNS OR STUDENTS IN DIETETIC TECHNICIAN PROGRAMS WHO ARE NOT RDs or DTRs and **NOT MEMBER OF ADA**. REGISTRATION FORM MUST BE **SIGNED BY SUPERVISING INSTRUCTOR** FOR THIS RATE.
INSTRUCTOR SIGNATURE _____ INSTITUTION _____

WEDNESDAY, 4/14 6:00-9:00 PM PRE CONFERENCE WORKSHOP – CDA MEMBER \$70.00 \$ _____
Taking Charge of Change + Chart Your Career NON MEMBER \$90.00 \$ _____

TICKETS REQUIRED AT THESE SPECIAL EVENTS- (Tickets are non-refundable):

KITCHEN TOUR – Limited to 20 participants each day: Thursday 10:30am _____ (or) Friday 10:30am _____

THURSDAY, 4/15 4:15-5:45 ROUND TABLE limited to 25 each, first come first serve, **CHOOSE ONE SUBJECT ONLY**

___#1 Entering the Workforce ___#2 Grant Writing ___#3 Nutr. Care Process ___#4 Renal Nutrition ___#5 Paid Your Worth

THURSDAY, 4/15 Opening Night Reception – 6:00-8:00 PM **BRING A GUEST** Guest Ticket \$20.00 \$ _____

RECEPTION **GUEST NAME** (Badge must be worn by Guest) _____

THURSDAY, 4/15 – 8:30 PM ADA Foundation Wine & Chocolate Event -1 CPE \$30.00 \$ _____

DONATION TO CALIFORNIA DIETETIC ASSOCIATION FOUNDATION Suggested Amount \$5, \$10, \$25) \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Personal or Company Check/Money Order/Master Card/Visa (Purchase orders not accepted)

Credit Card Payments MASTERCARD or VISA ONLY (American Express and Discover Card **are NOT accepted**)

CARD NUMBER _____ EXP. DATE _____

PRINT CARD HOLDER NAME _____

Signature (if paying by credit card) _____

PLEASE INCLUDE SESSION SELECTION SHEET (Yellow Insert) WITH YOUR REGISTRATION



California Dietetic Association
7740 Manchester Ave., Suite 102
Playa del Rey, CA 90293-8499

eat
right. an affiliate of the
American Dietetic Association

SESSION SELECTION – PLEASE RETURN WITH YOUR REGISTRATION FORM

This is not a registration or reservation. This tool will allow us to choose rooms that will accommodate all – if you are undecided, please choose the session you are MOST LIKELY to attend.

Learning Needs Codes (LNC) are suggested only and not limited to the codes listed

Boxed Titles Run Concurrently. Please choose only one in each box.

Thursday April 15, 2010 – Total CPE 6 + 1 CPE/25 Exhibits Viewed

- 8:00am-8:45am Dorothy Chen Maynard, PhD, RD Nancy Banda, RD *CDA Business Meeting and Public Policy Update*
- 8:45am-10:15am (1.5 CPE) Jay Hewitt- *USA Olympic Triathlon Finish Line Vision: Diabetes, Sports and Nutrition*
- 10:30am-11:45am (1 CPE) Jim Painter, PhD, RD *12 Foods to Reduce the Risk of Heart Disease.*
- 12:15pm-1:15pm *CDA/ADA Awards Lunch and Ceremony*

1:30pm-2:30pm - CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

- Sherri Shafer, RD, CDE *Managing Diabetes in Pregnancy* LNC 4130;5190;5310
- Preston Maring, MD *Produce to the People: Good Food in Healthcare.* LNC 8000;8018
- Suzanna (Sam) Ousey, RD *POLST* LNC 5390;5430

2:45pm-3:45pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

- Janet McDonald, PhD *The Challenges of Change: Current Food and Nutrition Issues at the FDA* LNC 2010;2040;7100
- Patricia Crawford, DrPH, RD *Childhood Obesity Initiatives: Opportunities for RDs* LNC 4010;4020;4040;4150;4160;5370I
- Keith Belk, PhD *Organic, Natural and Grass Fed Beef: Perception vs. Reality* LNC 2000;2040;2100

4:15pm-5:45pm - CHOOSE ONE OF SEVEN – 1.5 CONTINUING PROFESSIONAL EDUCATION CREDIT

- Santalynda Marrero, ED D + Lisa Kessler, DrPH, MPH, RD *The Business Case of Cultural Competency and Its Value in Your Nutrition Practice.* LNC 1040;7050;8015
- Bea Hensleit, RN + Heidi Kiehl, MS, RD, CNSC + Pat Booth, MS, RD, FADA *How to Become a Survey Savvy RD.* LNC 7000; 7100; 7160
- IF CHOOSING ONE OF 5 ROUND TABLES; YOU MUST MARK YOUR CHOICE ON THE REGISTRATION FORM

Friday April 16, 2010 – Total CPE's 5 + 1/25 Exhibits Viewed + 1/6 Poster

- 6:00am- CDA Foundation *Fun Run – Leaving from the Marriott Lobby promptly at 6am*
- 8:15am-9:45am (1.5 CPE) Bonnie Modugno, MS, RD *Weight Management for Recreational Athletes + Active People*
- 10:00am-2:00pm *Exhibits and Poster Session (Authors present 12:30-2:00) + Product MarketPlace*
- 12:00-1:00 Lunch in the Exhibit Hall Sponsored by McDonalds - Free to all attendees

2:15pm-3:15pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

- Roger Clemens, DrPH, CNS, FACN, FIFT *2010 Dietary Guidelines: Implications, Public Policy and Personal Practice* LNC 1080; 4000; 4030
- Sue Rhee, MD *Gut Immunology and Nutrition.* LNC 2060;5000;5220
- Dorothy Treegarden *Role of dietary supplements in meeting the Dietary Guidelines with an emphasis on Vitamin D and Calcium.* LNC 2000; 2090; 3000; 3100; 5000; 5130; 5280

Continued on flip side

Friday Continued

3:30pm-4:30pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

- ___ Laurel Mellin, MA, RD *Obesity and Neuroplasticity: Retraining the Emotional Brain* LNC 2110; 5000; 5320; 5370
- ___ Susan Hatmaker, JD *Current Updates in Employment Law* LNC 7090;7110
- ___ Margaret Davis, MBA, RD *Nutritional Challenges in Long Term HIV Care* LNC 5000; 5250; 5270; 6020

4:45pm-6:15pm CHOOSE ONE OF THREE – 1.5 CONTINUING PROFESSIONAL EDUCATION CREDIT

- ___ Jim Painter, PhD, RD *Mindful Eating: Why We Eat More than We Think We Do* LNC 4000;5000;5370
- ___ Kathleen Zelman, MPH, RD, LD *Promoting Yourself In Your Profession with ADA Media Training* LNC 1000;1090;1130
- ___ Laurence E Cheng, MD, PhD *The Facts and Fiction Behind Food Allergy* LNC 3000;5000;5110

- ___ 6:30pm-8:30pm *Student New Member Reception* Current Students + New Members (joined 2004-2009) are invited

Saturday April 17, 2010 Total CPE's 5.5

- ___ 8:00am-9:00am (1 CPE) Jessie Pavlinac, MS, RD, CSR, LD *ADA Update*
- ___ 9:00am-10:00am (1 CPE) Mark Messina, PhD, MS *Understanding the Health Effects of Soyfoods: Making Sense of the Scientific Literaturee 2000, 2010, 4040*

10:15am-11:15am CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

- ___ Jo Ann Hattner, MPH, RD *Gut Insight – What RD's need to know about Probiotics & Prebiotics* LNC 2000;2060;2100;5000;5220
- ___ Karen Arnold, MA, RD *Greening Hospital Food Service: Why should we care and what can we do?* LNC 8000;8018;8070
- ___ Lynne Lyons, MPH, RD, CDE *Advances in Diabetes Technology: Pumps and CGM* LNC 5000;5190

11:30am-12:30pm CHOOSE ONE OF THREE – 1 CONTINUING PROFESSIONAL EDUCATION CREDIT

- ___ Daphne Miller, MD *The Jungle Effect: A Doctor Discovers the Healthiest Diets from Around the World-Why They Work and How to Make Them Work for You (HarperCollins)* LNC 1040;4000;4040;8000;8018
- ___ Doris Derelian, FADA, JD, RD, PhD + Gail Frank, CHES, RD, DrPH *Unintended Consequences of Simple Dietary Advice: Optimizing Health and Minimizing Harm* LNC 1070;6020;6070
- ___ Richard Young, BS Electrical Engineering *Easy Green: Saving Water and Energy in Your Kitchen* LNC 8000;8018;1020;8030;8120

- ___ 12:45pm-2:30pm (1.5 CPE) James Joseph, PhD *Berries, Nuts and Brain Aging: Do the Forest Animals Actually Have It Right?.*

LUNCH WILL BE SERVED TO ALL ATTENDEES